

Foster & Kinship Care Education
West Los Angeles College
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SUMMER SCHEDULE 2025

SCHEDULE OF CLASSES

The FKCE program at West Los Angeles College
provides free online trainings.

All trainings are hosted online from *July - August 2025*.

Specialized Care Increment Certification (12 hours)

Date	Time	Trainer
July 21, 22, 23, 2025	5:30pm-9:30pm	Barbara Fellows
August 18, 19, 20, 2025	5:30pm-9:30pm	Barbara Fellows
Agosto 4, 5, 6, 2025 (Spanish)	5:30pm-9:30pm	Leila Montiel

***Please Note:** Trainings may be cancelled due to low attendance.

**All classes count towards RFA Renewal Hours, SCI, and W Rate, except the
Topics with an Asterisk by the Title Count Towards RFA Renewal Only**

July 2025

Date	Time	Topic	Trainer
Tuesday 7/1/25	9:30am- 11:30am	Creating a File for each Child: Documentation & Forms Learn best practices on what and how to document. Using proper forms and documents may reduce allegations. Learn how to be consistent and detailed in your note taking.	Barbara Fellows
Thursday 7/3/25	6:00pm-8:00pm	Behavioral Management This class will discuss effective ways to handle challenging behaviors. It will further cover effective treatments and the importance of self-care when managing challenging behaviors.	Barbara Fellows
Tuesday 7/8/25	9:30am- 11:30am	Procedures for Appealing to the Regional Center Provides a step-by-step overview of how to appeal decisions made by Regional Centers, particularly concerning services for children with developmental disabilities. This includes timelines, documentation, legal rights, and advocacy strategies.	Marisela Magana
Thursday 7/10/25	6:00pm-8:00pm	Trauma Informed Parenting This course is interactive and designed to reinforce trauma-informed care, connect the care they provide to the core practice model and define and describe trauma responsive care and engagement. The participants will have opportunities to practice the concepts.	Tamitra Clark
Saturday 7/12/25	9:30am-11:30am	La Importancia de la Documentacion Aprenda las mejores prácticas sobre qué y cómo documentar. El uso de formularios y documentos adecuados puede reducir las acusaciones. Aprenda a ser coherente y detallado al tomar notas.	Marisela Magana
Tuesday 7/15/25	9:30am- 11:30am	Nutrition and Wellness The class will discuss the various ways of preparing for health. nutritious food for your child. Learn successful and creative strategies to promote daily wellness throughout the day.	Alexis Estwick
Thursday 7/17/25	6:00pm-8:00pm	Home Investigations/Allegations Going through a home investigation can be stressful moment. Learn what to expect, the process and how to be prepared.	Barbara Fellows
Tuesday 7/22/25	9:30am- 11:30am	Level of Care-Specialized Care Increment Booster Learn about the different level of care tiers, funding and support available based on the needs of your child and youth.	Barbara Fellows
Thursday 7/24/25	6:00pm-8:00pm	Assessing the Needs of My Child Stages of Development: This class will review the stages of development. Learn how to assess your child's needs and how to close the developmental gaps.	Tamitra Clark
Tuesday 7/29/25	9:30am-11:30am	Shared Core Practice Model This class will increase resource parents' awareness of Standards & Values through the Core Practice Model. Learn ways to monitor and evaluate your practice to improve child outcomes while working in partnership.	Alexis Estwick
Thursday 7/31/25	6:00pm – 8:00pvm	Effectively Managing Relationships with Biological Parents This topic covers how caregivers can maintain respectful, child-focused relationships with biological parents, using clear boundaries and trauma-informed strategies to support stability and reunification when appropriate.	Barbara Fellows

August 2025

Date	Time	Topic	Trainer
Tuesday 8/5/25	9:30am-11:30am	Family Meetings * Learn why regular family meetings foster connection, communication, and cooperation. These meetings give everyone a voice, create shared responsibility, and strengthen family bonds	Olivia Chivary
Thursday 8/7/25	6:00pm-8:00pm	Child and Family Team (CFT) This class will help you understand how CFT works and how to use the CFT as their core tool for teaming and working collaboratively with other providers.	Tamitra Clark
Saturday 8/9/25	9:30am-11:30am	El Impacto de el Trauma en el Aprendizaje. Aprenda cómo el trauma impacta el cerebro, el aprendizaje y el comportamiento. Comprenda mejor cómo atender las necesidades de los niños que han experimentado un trauma. Los cuidadores aprenderán los componentes para brindar a los estudiantes una sensación de seguridad, control y autorregulación que les ayuda a preparar mejor su cerebro para el aprendizaje.	Leila Montiel
Tuesday 8/12/25	9:30am-11:30am	Rights & Responsibilities of Resource Parents This class will review the written directives on resource parents' rights and responsibilities according to the written directives.	Alexis Estwick
Thursday 8/14/25	6:00pm-8:00pm	Resources 101* This class will provide you with emergency resources. Become resourceful, by knowing where to seek services and support	Olivia Chivary
Tuesday 8/19/25	9:30am-11:30am	Creating a Support System Self-Care Successful Resource parents' need a village to care for a child who has experienced trauma. This class will help bring awareness of the importance of creating a support system as part of self-care	Alexis Estwick
Thursday 8/21/25	6:00pm-9:00pm	Caring for Medically Fragile Infant/Children This class will discuss the common medical conditions for children with special healthcare needs, treatments available, educational opportunities for these children, and the importance of whole family support.	Barbara Fellows
Saturday 8/23/25	9:30am-11:30am	El Valor de las Reuniones Familiares * Descubre por qué las reuniones familiares periódicas fomentan la conexión, la comunicación y la cooperación. Estas reuniones dan voz a todos, fomentan la responsabilidad compartida y fortalecen los lazos familiares.	Leila Montiel
Tuesday 8/26/25	9:30am-11:30am	Personal Hygiene * This workshop will cover the importance of good hygiene and how to teach children about puberty and body changes.	Tamitra Clark
Thursday 8/28/25	6:00pm-8:00pm	How Trauma Impacts Learning Learn how trauma impacts the brain, learning, and behaviors. Better understand how to meet the needs of children who have experienced trauma. Caregivers will learn the components of providing students with a sense of safety, control, and self-regulation which helps their brain be better prepared to learn.	Alexis Estwick

QUESTIONS AND ANSWERS

QUESTION	ANSWER
How many renewal hours do I need every year?	8 Hours RFA Renewal Hours 6 Hours SCI (Formerly known as D & F Rate) 4 Hours W Rate
What is the process to become a resource parent?	The first step in order to foster or adopt a child is to call 1-888-811-1121 or go to https://dcfs.lacounty.gov/caregivers/become-a-foster-parent/ to register and attend an orientation.
What is Resource Family Approval Training (RFA)?	This program is the pre-service training mandated by Department of Children and Family Services (DCFS) for all prospective resource and adoptive parent in Los Angeles County.
What is the cost of renewal classes and pre- service certification trainings?	Classes are FREE to current resource and kinship parents as well as the community in general, please pre- register at You can reach us at (562) 367-3407 or by e-mail FKCE@wlac.edu
What does Specialized Care Increment Training (SCI) mean?	The Special Care Increment (SCI) Training is the 12 hours foundational training for resource parents who are caring for children, adolescents and non-minor dependents who require specialized care resulting in resource parents going above and beyond the basic level of care (LOC) to meet a child's health, physical, emotional, behavioral, educational, permanency and family service needs. This training covers an overview and explanation of LOC & SCI, substance use, medication and behavior management, the impact of trauma on development, navigating the educational system, birth parent engagement, self-care and resources for a successful SCI placement.
What does W-Rate Pre-Service Training mean?	A whole Family Foster Home provides care for a teen parent and his/her non-dependent child, and is specifically recruited and trained to assist the teen parent in developing skills necessary to provide a safe, stable and permanent home.