

Spring SCHEDULE 2023
(RFA Renewal Hours, SCI, W Rate)

SCHEDULE OF CLASSES

The FKCE program at West Los Angeles College provides free online trainings.

All trainings are hosted online from *February-June 2023*.

Register for all classes at <https://forms.gle/CCT5TPHhReRh7DXy9>

Specialized Care Increment Trainings (12 hours)
(Formerly known as D & F)

Date	Time	Trainer
February 22,23,24, 2023	5:30pm-9:30pm	Barbara Fellows
Marzo 15,16,17, 2023(Spanish)	9:30am-1:30pm	Marisela Magana
March 18, 25 & April 1, 2023	9:00pm-1:00pm	Barbara Fellows
March 27,28,29, 2023	5:30pm-9:30pm	Barbara Fellows
April 12,13, 14, 2023 (Spanish)	9:30am-1:30pm	Marisela Magana
April 22, 29 & May 6, 2023	9:00am-1:00pm	Barbara Fellows
April 26, 27, 28, 2023	5:30pm-9:30pm	Daniel Torres
May 20, 27 & June 3 (Spanish)	9:30am-1:00pm	Marisela Magana
May 22, 23, 24, 2023	5:30pm-9:30pm	Barbara Fellows
June 10, 17, 24, 2023	9:00am-1:00pm	
June 28,29,30, 2023	5:30pm-9:30pm	Daniel Torres
Junio 12,13,14, 2023 (Spanish)	5:30pm-9:30pm	Marisela Magana

W-Rate Pre-Service Trainings

Date	Time	Trainer
March 6,7,8,9, 2023	5:30-9:30pm	Cancelled
May 8,9,10,11, 2023	5:30-9:30pm	Tamitra Clark

***Please Note:** Trainings may to be cancelled due to low attendance.

February 2023

Date	Time	Topic	Trainer
Thursday 2/2/23	6:00pm-9:00pm	Level of Care-Specialized Care Increment Booster (SCI & RFA renewal) Learn about the different level of care tiers, funding and support available based on the needs of your child and youth.	Barbara Fellows
Saturday 2/4/23	9:30am-11:30am	Ley AB12 (RFA renewal) Esta clase cubrirá la ley y los principios del cuidado de crianza temporal AB12. También cubrirá los diferentes recursos disponibles para jóvenes fuera del hogar.	Marisela Magana
Tuesday 2/7/23	9:30am- 12:30pm	Creating a File for each Child: Documentations & Forms (RFA renewal) Learn best practices on what and how to document. Using proper forms and documents may reduce allegations. Learn how to be consistent and detailed in your note taking.	Barbara Fellows
Thursday 2/9/23	6:00pm-9:00pm	Home Investigations (RFA renewal) Going through a home investigation can be a stressful moment. Learn what to expect, the process and how to be prepare.	Barbara Fellows
Tuesday 2/14/23	9:30am- 12:30pm	Family Time (RFA renewal) Learn how to be prepared, what to expect and your role during visitations. This class will help you create positive experiences during visitations.	Tamitra Clark
Thursday 2/16/23	6:00pm-9:00pm	Foster Children Bill of Rights (RFA renewal) This class will focus on the Bill of Rights for children and youth in foster care. Learn ways to adhere to these bills of rights while making prudent parenting decisions.	Daniel Torres
Saturday 2/18/23	9:30am-11:30am	Explotación Sexual Comercial Infantil (SCI & RFA renewal) Nuestro enfoque es de identificar a niños que son forzados a esclavitud sexual conosido como Explotación Sexual Comercial de Niños. Lo equiparemos con una comprensión básica del crimen y su alcance. Se le dará la información necesaria para detectar las señales de una víctimas.	Marisela Magana
Tuesday 2/21/23	9:30am-12:30pm	Resource Parents Rights & Responsibilities (RFA renewal) This class will review the written directives on resource parents' rights and responsibilities according to the written directives.	Barbara Fellows
Thursday 2/23/23	6:00pm-9:00pm	Behavioral Management Techniques & Strategies (SCI & RFA renewal) This class will discuss effective ways to handle challenging behaviors. It will further cover effective treatments and the importance of self-care when managing challenging behaviors.	Tamitra Clark
Saturday 2/25/23	9:30am-11:30am	Espectro Autismo (SCI & RFA renewal) El autismo es un trastorno del desarrollo caracterizado por dificultad en la interacción social y comunicación sola con movimientos y pensamientos repetitivos.	Marisela Magana
Tuesday 2/28/23	9:30am-12:30pm	SCI Supplement Training for Special Needs Children (SCI & RFA renewal) This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Public Health Nurse (PHN) Patricia Cespedes

March 2023

Date	Time	Topic	Trainer
Thursday 3/2/23	6:00pm-9:00pm	Level of Care-Specialized Care Increment Booster (SCI & RFA renewal) Learn about the different level of care tiers, funding and support available based on the needs of your child and youth.	Barbara Fellows
Saturday 3/4/23	9:30am-11:30am	Técnicas y Estrategias para Manejar Comportamientos (SCI & RFA renewal) Esta clase cubrirá formas efectivas para manejar comportamientos difíciles. Hablaremos de tratamientos efectivos y la importancia del autocuidado.	Marisela Magana
Tuesday 3/7/23	9:30am-12:30pm	Trauma & Developmental Delays (SCI & RFA renewal) This class will provide foundational knowledge about how trauma can impact the development of children. It will also introduce the brain structure and early child development of children who have experienced trauma.	Barbara Fellows
Thursday 3/9/23	6:00pm-9:00pm	Understanding the IEP Process (SCI & RFA renewal) Learn about educational resources and rights that support children with their unique needs. Class will discuss and provide an overview of IEP process.	Daniel Torres
Saturday 3/11/23	9:30am-11:30am	Derechos de Los Niños en Crianza (RFA renewal) Esta clase se enfocará en la declaración de derechos para niños y jóvenes en hogares de crianza. Aprenda maneras de adherir a estos derechos mientras toma decisiones prudentes.	Marisela Magana
Tuesday 3/14/23	9:30am-12:30pm	Permanency Options: Legal Guardianship/Adoption/Kinship (RFA renewal) Are you ready to talk about Adoption and/or Legal guardianship? Learn ways how to have an age-appropriate conversation about permanency. Review adoption court processes, adoption laws, legal bills, and supportive resources.	Barbara Fellows
Thursday 3/16/23	6:00pm-9:00pm	Depression and Suicide Prevention (SCI & RFA renewal) Depression disorder is a common mental health problem in adolescents. It is a major risk factor for suicide, the second to third leading cause of death in adolescents. This class will discuss signs, symptoms to look for and how resource parents can support children and youth.	Tamitra Clark
Tuesday 3/21/23	9:30am-12:30pm	Tools to Support LGBTQ Children & Youth (SCI & RFA renewal) Every child has their own unique backgrounds and experiences as part of who they are. It is significantly important to accept children for who they are and make them feel part of a family. LGBTQ laws and resources will be covered.	LGBTQ Center
Thursday 3/23/23	6:00pm-9:00pm	Resources 101 (RFA renewal) This class will provide you with emergency resources. Become resourceful, by knowing where to seek for services and support.	Barbara Fellows
Saturday 3/25/23	9:30am-11:30am	Convertir Sueños en Títulos (RFA renewal) Apoyar a los Jóvenes de Crianza Temporal durante la Concientización y Preparación Universitaria Temprana.	Marisela Magana
Tuesday 3/28/23	9:30am-12:30pm	Emancipation, Independent Living Skills, AB12 (RFA renewal) This class will cover AB12 foster care law and principles. It will also cover the different resources available to current or former out of home youth.	Marisela Magana
Thursday 3/30/23	5:30pm-9:30pm	Caring for Medically Fragile Infant/Children (SCI & RFA renewal) This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Barbara Fellows

April 2023

Date	Time	Topic	Trainer
Tuesday 4/4/23	9:30am-12:30pm	Level of Care-Specialized Care Increment Booster (SCI & RFA renewal) Learn about the different level of care tiers, funding and support available based on the needs of your child and youth.	Barbara Fellows
Thursday 4/6/23	6:00pm-9:00pm	Resource Parents Rights & Responsibilities (RFA renewal) This class will review the written directives on resource parents' rights and responsibilities according to the written directives.	Barbara Fellows
Saturday 4/8/23	9:30am-11:30am	Padre Prudente (SCI & RFA renewal) Esta clase discutirá cómo implementar la normalidad para niños y jóvenes de acuerdo con las directivas escritas de RFA.	Marisela Magana
Tuesday 4/11/23	9:30am-12:30pm	Diagnosis of FASD/Toxicology Screening (SCI & RFA renewal) This class will outline the effects of alcohol on the developing fetus and the long-term consequences. Resource parents will be able to identify facial characteristics, behaviors, and health conditions that are related to FAS.	Tamitra Clark
Thursday 4/13/23	6:00pm-9:00pm	Understanding Psychotropic Medication (SCI & RFA renewal) Class will provide basic knowledge and understanding of the structure of the brain and how it works. How medication affects brain functions & what a comprehensive evaluation consists of. Class will also review myths related to medication, as well as explore and discuss the pro and cons of medication.	Barbara Fellows
Tuesday 4/18/23	9:30am-12:30pm	Turning Dreams into Degrees Course (RFA renewal) Caregivers will feel empowered to discuss the value of higher education with their high school youth and provide ideas for how they can play an active role in supporting their youth to college. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees.	Daniel Torres
Thursday 4/20/23	6:00pm-9:00pm	Creating a File for each Child Documentations & Forms (RFA renewal) Learn best practices on what and how to document. Using proper forms and documents may reduce allegations. Learn how to be consistent and detailed in your note taking.	Tamitra Clark
Saturday 4/22/23	9:30am-12:30pm	Crianza de los Hijos Adolescentes (SCI & RFA renewal) Los cuidadores aprenderán a crear límites de crianza saludables con padres adolescentes. Además, aprenda formas de co-parenting de una manera positiva.	Marisela Magana
Tuesday 4/25/23	9:30am-1:30pm	SCI Supplement Training for Special Needs Children (SCI & RFA renewal) This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Public Health Nurse (PHN) Patricia Cespedes
Thursday 4/27/23	6:00pm-9:00pm	CSEC: Commercial Sexual Exploitation of Children (SCI & RFA renewal) Our focus is to bring awareness and identification of Commercial Sexual Exploitation of Children, a form of human trafficking where our children are forced into sexual slavery. We will equip you with a basic understanding of the crime and its scope. You will be given information needed to spot the red flags of a CSEC victim.	Barbara Fellows

May 2023

Date	Time	Topic	Trainer
Tuesday 5/2/23	9:30am-12:30pm	Autism Spectrum (SCI & RFA renewal) Autism is a developmental disorder characterized by difficulty in social interaction and communication alone with repetitive movement and thoughts.	Barbara Fellows
Thursday 5/4/23	6:00pm-9:00pm	Level of Care-Specialized Care Increment Booster (SCI & RFA renewal) Learn about the different level of care tiers, funding and support available based on the needs of your child and youth.	Barbara Fellows
Saturday 5/6/23	9:30am-11:30am	LGBTQ (SCI & RFA renewal) Cada niño tiene sus propios antecedentes y experiencias únicas como parte de quienes son. Es significativamente importante aceptar niños por quienes son y hacerlos sentir parte de una familia. Repaso de leyes y recursos LGBTQ.	LGBTQ Center
Tuesday 5/9/23	9:30am-12:30pm	Building Healthy Attachments (SCI & RFA renewal) This class will help identify the different attachment styles and methods to create healthy ones. Healthy attachments help children trust and create long-term positive relationships.	Barbara Fellows
Thursday 5/11/23	6:00pm-9:00pm	Developing and Expanding your Cultural Lens (RFA renewal) Caregivers will define culture and explore how culture appears in their family systems. They will explore various cultures and be given the opportunity to explore and understand how these cultural norms impact how the child engages their family culture, impact their decision making and influences their perception of the world.	Daniel Torres
Saturday 5/13/23	9:30am-11:30am	Educacion Financiera (RFA renewal) Aprenda a identificar los varios recursos disponibles en el systema (DCFS).	Marisela Magana
Tuesday 5/16/23	9:30am-12:30pm	Teen Parenting (SCI, RFA renewal & W rate) Caregivers will learn to create healthy parenting boundaries with teen parents. Class will discuss ways to co-parent in a positive way.	Marisela Magana
Thursday 5/18/23	6:00pm-9:00pm	Trauma & Developmental Delays (SCI & RFA renewal) This class will provide foundational knowledge about how trauma can impact the development of children. It will also introduce the brain structure and early child development of children who have experienced trauma.	Barbara Fellows
Tuesday 5/23/23	9:30am-12:30pm	Dimensions of Wellness (RFA renewal) This class will review in depth the 7 areas of wellness. How to use this tool to assess self-care and the steps to take to a more balance life and happiness.	Tamitra Clark
Thursday 5/25/23	5:30pm-9:30pm	Caring for Medically Fragile Infant/children (SCI & RFA renewal) This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Barbara Fellows
Tuesday 5/30/23	9:30am-12:30pm	Structure, Routines & Schedules During Summer (RFA renewal) This class will provide tools and tips on how to create effective routines for your children. Structure and routines promote responsibility and self-efficiency.	Tamitra Clark

June 2023

Date	Time	Topic	Trainer
Thursday 6/1/23	6:00pm-9:00pm	Trauma Sensitive Parenting (SCI & RFA renewal) This class will help you understand how trauma affects children in different ages, learn strategies on how to parent a child who has experienced trauma.	Barbara Fellows
Tuesday 6/6/23	9:30am-12:30pm	Level of Care-Specialized Care Increment Booster (SCI & RFA renewal) Learn about the different level of care tiers, funding and support available based on the needs of your child and youth.	Barbara Fellows
Thursday 6/8/23	6:00pm-9:00pm	Creating a File for each Child: Documentations & Forms (RFA renewal) Learn best practices on what and how to document. Using proper forms and documents may reduce allegations. Learn how to be consistent and detailed in your note taking.	Barbara Fellows
Saturday 6/10/23	9:30am-11:30am	Recursos 101 (RFA renewal) Esta clase te proporcionará recursos de emergencia. Vuélvase ingenioso, sabiendo dónde buscar servicios y apoyo.	Marisela Magana
Tuesday 6/13/23	9:30am-12:30pm	Foster Children Bill of Rights (RFA renewal) This class will focus on the Bill of Rights for children and youth in foster care. Learn ways to adhere to these bills of rights while making prudent parenting decisions.	Daniel Torres
Thursday 6/15/23	6:00pm-9:00pm	Sexual Health Education (SB89) (SCI & RFA renewal, W rate) This class will review the legislation Senate Bill 89, discuss thoughts and feelings about having the sex talk, stages of development, the different contraceptive methods, STI's, and Tools & Resources.	Daniel Torres
Tuesday 6/20/22	9:30am-12:30pm	Resource Parents Rights & Responsibilities (RFA renewal) This class will review the written directives on resource parents' rights and responsibilities according to the written directives.	TBA
Thursday 6/22/23	6:00pm-9:00pm	Raising Resilient Kids (RFA renewal) Caregivers will learn to empower children to be resilient, confident, and self-sufficient. These skills will have a long-life impact in the quality of life of our children.	Tamitra Clark
Saturday 6/24/23	9:30am-11:30am	Cuidado de Bebés/Niños Médicamente Frágiles (SCI & RFA renewal) Esta clase discutirá las condiciones médicas más comunes, administrar el tratamiento y la importancia del apoyo.	Public Health Nurse (PHN)
Tuesday 6/27/23	9:30am-1:30pm	SCI Supplement Training for Special Needs Children (SCI & RFA renewal) This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Public Health Nurse (PHN) Maribel Flores
Thursday 6/29/23	6:00pm-9:00pm	Schizophrenia (SCI & RFA renewal, W rate) Schizophrenia typically begins in early adulthood. Yet the symptoms can be seen much earlier. This class will cover the symptoms, traits, family history of and current treatments for Schizophrenia, and available resources.	Tamitra Clark

QUESTIONS AND ANSWERS

QUESTION	ANSWER
How many renewal hours do I need every year?	8 Hours RFA Renewal Hours 6 Hours SCI (Formerly known as D & F Rate) 4 Hours W Rate
What is the process to become a resource parent?	The first step in order to foster or adopt a child is to call 1-888-811-1121 or go to https://dcfs.lacounty.gov/caregivers/become-a-foster-parent/ to register and attend an orientation.
What is Resource Family Approval Training (RFA)?	This program is the pre-service training mandated by Department of Children and Family Services (DCFS) for all prospective resource and adoptive parent in Los Angeles County.
What is the cost of renewal classes and pre-service certification trainings?	Classes are FREE to current resource and kinship parents as well as the community in general, please pre-register at https://forms.gle/CCT5TPHhReRh7DXy9 You can reach us at (562) 367-3407 or by e-mail FKCE@wlaac.edu
What does Specialized Care Increment Training (SCI) mean?	The Special Care Increment (SCI) Training is the 12 hours foundational training for resource parents who are caring for children, adolescents and non-minor dependents who require specialized care resulting in resource parents going above and beyond the basic level of care (LOC) to meet a child's health, physical, emotional, behavioral, educational, permanency and family service needs. This training covers an overview and explanation of LOC & SCI, substance use, medication and behavior management, the impact of trauma on development, navigating the educational system, birth parent engagement, self-care and resources for successful SCI placement.

