

Foster & Kinship Care Education
West Los Angeles College
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FALL SCHEDULE 2022 – 2023
(RFA Renewal Hours, SCI, W Rate)

SCHEDULE OF CLASSES

The FKCE program at West Los Angeles College provides free online trainings.

All trainings are hosted online from *September- January 2023*.

Register for all classes at <https://forms.gle/CCT5TPHhReRh7DXy9>

Specialized Care Increment Trainings (12 hours)
(Formerly known as D & F)

Date	Time
September 19, 20, 22, 2022	5:30pm-9:30pm
October 17, 18, 19, 2022 Octubre 24, 25, 26, 2022 (Spanish)	5:30pm-9:30pm
November 14, 15, 17, 2022	5:30pm-9:30pm
December 6,7,8, 2022 Diciembre 12, 13, 14, 2022 (Spanish)	5:30pm-9:30pm
January 10, 11, 12, 2022	5:30pm-9:30pm

Level of Care-Specialized Care Increment Booster

Date	Time
October 17, 2022 (Part 1) October 19, 2022 (Part 2)	9:30am-12:30pm 9:30am-12:30pm
December 12, 2022 (Part 1) December 14, 2022 (Part 2)	9:30am-12:30pm 9:30am-12:30pm

W-Rate Pre-Service Trainings

Date	Time
2022 (TBA)	TBA

***Please Note:** If low enrollment, training may be cancelled.

SEPTEMBER 2022

Date	Time	Topic	Trainer
Thursday 9/1/22	6:00- 9:00pm	Integrated Core Practice Model (ICPM): (RFA renewal only) Caregivers will learn the ICPM model that provides principles and best practices of service delivery for the children. Learn how to strengthen your advocacy skills and how to use the model to support accountability with other providers serving the needs of the children.	Alexis Estwick
Saturday 9/3/22	9:30am-11:30am	Entendiendo El Programa de Educacion Individualizado (IEP): Conozca los recursos y los derechos que apoyan a los niños con sus necesidades educativas. La clase discutirá el proceso del IEP.	Marisela Magana
Tuesday 9/6/22	9:30am-12:30pm	Creating a File for each Child: Documentations & Forms: (RFA renewal only): Learn best practices on what and how to document. Using proper forms and documents may reduce allegations. Learn how to be consistent and detailed in your note taking.	Barbara Fellows
Thursday 9/8/22	6:00pm-9:00pm	Home Investigations: (RFA renewal only): Going through a home investigation can be a stressful moment. Learn what to expect, the process and how to be prepare.	Barbara Fellows
Tuesday 9/13/22	9:30am-12:30pm	Education Rights: Covers the rights of children ages 0 - 3 and how to advocate for rights in relation to regional centers in California. The basics of special education law and how to navigate the IEP process for youth in foster care ages 3 -22 years old. General education, covers the rights of youth in foster care including how to advocate for school stability and partial credits to keep them on track for high school graduation.	Alliance for Children Rights
Thursday 9/15/22	6:00-9:00pm	Building Healthy Attachments: This class will help identify the different attachment styles and methods to create healthy ones. Healthy attachments help children trust and create long-term positive relationships.	Daniel Torres
Saturday 9/17/22	9:30am-11:30am	Como Prevenir Alegaciones: Pasar por una investigación del hogar puede ser una momento estresante. Aprenda qué esperar, el proceso y cómo estar preparado.	Marisela Magana
Tuesday 9/20/22	9:30am-12:30pm	Assessing the Needs of My Child: Stages of Development: This class will review the stages of development. Learn how to assesses your child's needs and how to close the developmental gaps.	Daniel Torres
Thursday 9/22/22	6:00pm-9:00pm	Family Time: (RFA renewal only): Learn how to be prepared, what to expect and your role during visitations. This class will help you create positive experiences during visitations.	TBA
Tuesday 9/27/22	9:30am-12:30pm	How Trauma Impacts Learning: Learn how trauma impacts the brain, learning, and behaviors. Better understand how to meet the needs of children who have experienced trauma. Caregivers will learn the components of providing students with a sense of safety, control, and self-regulation which helps their brain be better prepared to learn.	Alliance for Children Rights
Thursday 9/29/22	6:00pm-9:00pm	Trauma Informed Parenting: This course is interactive and designed to reinforce the trauma-informed care, connect the care they provide to the core practice model and define and describe trauma responsive care and engagement. The participant will have opportunities to practice the concepts.	Alexis Estwick

OCTOBER 2022

Date	Time	Topic	Trainer
	9:30am-11:30am	Ayudando el Bienestar Emocional de los Niños: Explore diferentes formas en que los niños pueden desarrollar su inteligencia emocional a través de actividades y estrategias.	Marisela Magana
Tuesday 10/4/22	9:30am-12:30pm	Trauma Sensitive Parenting: This class will help you understand how trauma affects children in different ages, learn strategies on how to parent a child who has experienced trauma.	Barbara Fellows
Thursday 10/6/22	6:00pm-9:00pm	Child and Family Team (CFT): (RFA renewal only): This class will help you understand how the CFT works and how to use the CFT as their core tool for teaming and working collaboratively with other providers.	Alexis Estwick
Tuesday 10/11/22	9:30am-12:30pm	CSEC: Commercial Sexual Exploitation of Children: Our focus is to bring awareness and identification of Commercial Sexual Exploitation of Children, a form of human trafficking where our children are forced into sexual slavery. We will equip you with a basic understanding of the crime and its scope. You will be given information needed to spot the red flags of a CSEC victim.	Barbara Fellows
Thursday 10/13/22	6:00pm-9:00pm	Permanency Options: Legal Guardianship/Adoption/Kinship: (RFA renewal only): Are you ready to talk about Adoption and/or Legal guardianship? Learn ways how to have an age-appropriate conversation about permanency. Review adoption court processes, adoption laws, legal bills, and supportive resources.	Barbara Fellows
Tuesday 10/18/22	9:30am-12:30pm	Racial Justice Part 1: (RFA renewal only): Caregivers will learn the historical and legal backdrop of how our education system has become so unequal and will also explore how implicit bias impacts children of color.	Alliance for Children Rights
Thursday 10/20/22	6:00pm-9:00pm	Foster Children Bill of Rights: (RFA renewal only): This class will focus on the Bill of Rights for children and youth in foster care. Learn ways to adhere to these bills of rights while making prudent parenting decisions.	Daniel Torres
Saturday 10/22/22	9:30am-11:30am	Diversidad Cultural: Esta clase ayudará a identificar la dinámica de la familia, comprender la composición de la cultura y cómo aceptar las diferencias culturales.	Marisela Magana
Tuesday 10/25/22	9:30am-1:30pm	Racial Justice Part II: (RFA renewal only): Caregivers will explore how children of color and those with disabilities are over-represented in the special education, school discipline, child welfare, and juvenile justice systems, as well as ways to advocate to better assist children within these systems.	Alliance for Children Rights
Thursday 10/27/22	6:00pm-9:00pm	Depression and Suicide Prevention: Depression disorder is a common mental health problem in adolescents. It is a major risk factor for suicide, the second to third leading cause of death in adolescents. This class will discuss signs, symptoms to look for and how resource parents can support children and youth.	Daniel Torres

NOVEMBER 2022

Date	Time	Topic	Trainer
Tuesday 11/1/22	9:30am-12:30pm	Caring for Medically Fragile Infant/children: This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Barbara Fellows
Saturday 11/5/22	9:30am-11:30am	La Importancia del manejo de Medicamentos: Aprenda sobre como manejar medicamentos, estrategias, y importancia de documentación.	Marisela Magana
Thursday 11/3/22	6:00pm-9:00pm	Diagnosis of FASD/Toxicology Screening: This class will outline the effects of alcohol on the developing fetus and the long-term consequences. Resource parents will be able to identify facial characteristics, behaviors, and health conditions that are related to FAS.	Barbara Fellows
Tuesday 11/8/22	9:30am-12:30pm	Level of Care Funding- (RFA renewal only): Learn about the different level of care tiers, funding and support available base on the needs of your child and youth (regional center, SSI, AB 12).	Marisela Magana
Thursday 11/10/22	6:00pm-9:00pm	Trauma & Developmental Delays: This class will provide foundational knowledge about how trauma can impact the development of children. It will also introduce the brain structure and early child development of children who have experienced trauma.	Barbara Fellows
Tuesday 11/15/22	9:30am-12:30pm	ADHD & ADD: Learn about the most common disorders in children. Their symptoms, behaviors, and treatments. This class will further discuss parenting, advocacy and resources for resource parents caring for children with these diagnoses.	Daniel Torres
Thursday 11/17/22	6:00pm-9:00pm	The Intersection of Engagement and the Development of Self-Concept: (RFA renewal only): The class will be interactive. Caregivers will receive information to support in creating a positive mindset and safe environment that fosters mattering for the children in their care.	Alexis Estwick
Saturday 11/19/22	9:30am-11:30pm	Formas y Documentacion: Aprenda a mejorar cómo documentar usando formas adecuadas y como puede reducir las acusaciones.	Marisela Magana
Tuesday 11/22/22	9:30am-12:30pm	Resources 101- (RFA renewal only) This class will provide you with emergency resources. Become resourceful, by knowing where to seek for services and support.	Barbara Fellows
Thursday 11/24/22	NO CLASS	Happy Thanksgiving !!!	
Tuesday 11/29/22	9:30am-12:30pm	Behavioral Management Techniques & Strategies: This class will discuss effective ways to handle challenging behaviors. It will further cover effective treatments and the importance of self-care when managing challenging behaviors.	Daniel Torres

DECEMBER 2022

Date	Time	Topic	Trainer
Thursday 12/1/22	6:00pm-9:00pm	Understanding the IEP Process: Learn about educational resources and rights that support children with their unique needs. Class will discuss and provide an overview of IEP process.	Daniel Torres
Saturday 12/3/22	9:30am-11:30am	Educacion Financiera (RFA renewal solamente): Aprenda a identificar los varios recursos disponibles en el systema (DCFS).	Marisela Magana
Tuesday 12/6/22	6:00pm-9:00pm	Higher Education I: (RFA renewal only): Caregivers will feel empowered to discuss the value of higher education with their middle school youth and provide ideas for how they can play an active role in supporting their youth to college. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees.	Sharonda Barksdale
Thursday 12/8/22	6:00pm-9:00pm	Caring for Medically Fragile Infant/children: This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Barbara Fellows
Tuesday 12/13/22	9:30am-12:30pm	Developing and Expanding your Cultural Lens: (RFA renewal only) Caregivers will define culture and explore how culture appears in their family systems. They will explore various cultures and be given the opportunity to explore and understand how these cultural norms impact how the child engages their family culture, impact their decision making and influences their perception of the world.	Daniel Torres
Thursday 12/15/22	6:00pm-9:00pm	Mental Health First Aid: This class will help support children and youth in your care who are experiencing a mental health crisis. Learn how to identify, understand and provide ongoing support including resources.	Tamitra Clark
Saturday 12/17/22	9:30am-11:30am	Trauma en el Desarrollo: Esta clase proporcionará fundamentos y conocimiento sobre cómo el trauma afecta el desarrollo de los niños. También discutiremos la estructura del cerebro.	Marisela Magana

JANUARY 2023

Date	Time	Topic	Trainer
Tuesday 1/10/23	9:30am-12:30pm	Have Fun creating a Vision Board: (RFA renewal only): This class will discuss goal settings, how to create a vision board and how to start putting your vision board to life.	Tamitra Clark
Thursday 1/12/23	6:00pm-9:00pm	Teen Substance Use/Abuse: This class will provide information about drug use, effects, and treatments/resources. It will further provide techniques how to help youth live a drug free life	Barbara Fellows
Saturday 1/14/23	9:30am-11:30am	Crianza de Niño/as con Discapacidades (Spanish Class): Cómo ayudar a mi hijo de crianza que sea cliente del Centro Regional! Como conectarme con servicios y apoyo hasta la edad de 21.	Marisela Magana
Tuesday 1/17/23	9:30am-12:30pm	Creating a File for each Child: Documentations & Forms: (RFA renewal only): Learn best practices on what and how to document. Using proper forms and documents may reduce allegations. Learn how to be consistent and detailed in your note taking.	Barbara Fellows
Thursday 1/19/23	6:00pm-9:00pm	Emancipation, Independent Living Skills, AB12: (RFA renewal only): This class will cover AB12 foster care law and principles. It will also cover the different resources available to current or former out of home youth.	Tamitra Clark
Tuesday 1/24/23	9:30am-12:30pm	Asthma/Respiratory Problems: Respiratory problems is a condition in which a person's airway becomes inflamed or narrowed producing mucus making it difficult to breathe. It can interfere with daily activity and can become life threatening.	Barbara Fellows
Thursday, 1/26/22	6:00pm-9:00pm	Higher Education II: (RFA renewal only): Caregivers will feel empowered to discuss the value of higher education with their high school youth and provide ideas for how they can play an active role in supporting their youth to college. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees.	Sharonda Barksdale
Saturday 1/28/23	9:30am-11:30am	Padre Prudente: Esta clase discutirá cómo implementar la normalidad para niños y jóvenes de acuerdo con las directivas escritas de RFA.	Marisela Magana
Tuesday, 1/31/23	9:30am-12:30pm	Sexual Health Education (SB89): This class will review the legislation Senate Bill 89, discuss thoughts and feelings about having the sex talk, stages of development, the different contraceptive methods, STI's, and Tools & Resources.	Daniel Torres

QUESTIONS AND ANSWERS

QUESTION	ANSWER
How many renewal hours do I need every year?	8 Hours RFA Renewal Hours 6 Hours SCI (Formerly known as D & F Rate) 4 Hours W Rate
What is the process to become a resource parent?	The first step in order to foster or adopt a child is to call 1-888-811-1121 or go to https://dcfs.lacounty.gov/caregivers/become-a-foster-parent/ to register and attend an orientation.
What is Resource Family Approval Training (RFA)?	This program is the pre-service training mandated by Department of Children and Family Services (DCFS) for all prospective resource and adoptive parent in Los Angeles County.
What is the cost of renewal classes and pre-service certification trainings?	Classes are FREE to current resource and kinship parents as well as the community in general, please pre-register at https://forms.gle/CCT5TPHhReRh7DXy9 You can reach us at (562) 367-3407 or by e-mail FKCE@wla.edu

