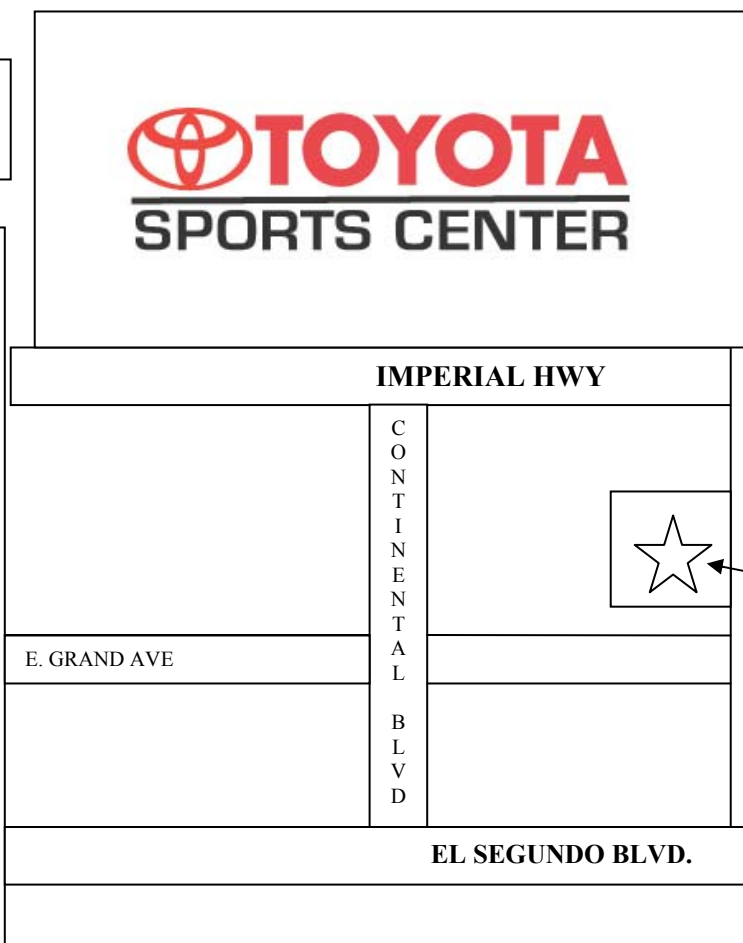




SE
PU
LVE
DA
BL
VD.



CENTURY FWY (105)

IMPERIAL HWY

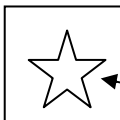
N
N
A
S
H
S
T

A
V
I
A
T
I
O
N

S
A
N
D
I
E
G
O
4
0
5
F
W
Y

E. GRAND AVE

C
O
N
T
I
N
E
N
T
A
L
B
L
V
D.



1-way
↓
↓

TOYOTA SPORTS CENTER
(formerly HealthSouth)

B
L
V
D

EL SEGUNDO BLVD.

TOYOTA SPORTS CENTER (formerly HealthSouth Training Center)
555 N. Nash St., El Segundo, CA 90245 (310) 535-4510

IMPORTANT: N. NASH STREET IS A ONE-WAY STREET, RUNNING FROM NORTH TO SOUTH. YOU MUST APPROACH THE TOYOTA SPORTS CENTER FROM THE NORTH (Century Fwy, Imperial Hwy, Mariposa).

Directions from West LA and Culver City: Take the San Diego (405) Freeway south. Merge onto the Century Freeway (I-105) west toward El Segundo/LAX. Take the first exit – Nash Street. Proceed south onto N. Nash Street. The Toyota Sports Center and the parking lot will be on the right side a few blocks down. There is free parking at the center.

Directions from Westchester and the Airport area: Take Sepulveda south and turn left at Imperial Hwy. Turn right at N. Nash St. The Toyota Sports Center and the parking lot will be on the right side a few blocks down. There is free parking at the center.

IMPORTANT CLASS INFORMATION

Ice Skating and In-Line Classes

- Arrive ½ hour early for the first day.
- Parents must assist their child with skates before *each* class. Classes start promptly at the designated times.
- For ice skating, dress for cold weather, including long pants, gloves and a jacket.
- All students must complete and sign the Toyota Sports Center “Voluntary Waiver and Release Agreement” *and* a Westside Extension “Class Release” form (“Class Release & Medical Consent” form for children) *prior* to participating.
- A missed class may be made up during the same session.
- Skating classes include free skating during open session the day of each class. Check with the front desk for schedule.

Dance & Exercise Classes

- Meet in the King’s Court.
- All students must complete and sign the Toyota Sports Center “Voluntary Waiver and Release Agreement” *and* the Westside Extension “Class Release” form *prior* to participating.
- No make-ups will be offered for dance classes.

If you need to, you may change clothes in the large restrooms. Lockers are available (the cost is 75 cents for each time you open