The WLAC Student Health & Wellness Center is committed to providing a safe and healthy environment for all students attending the college. The Center provides free and low cost health care services to all currently enrolled WLAC students. It is primarily supported by the Student Health Fee. Students must show a WLAC photo ID and proof of enrollment to receive services.

All medical and mental health services are provided by a Medical Provider or a Licensed Marriage and Family Therapist. An on-call physician is available for medical consults.

### GENERAL HEALTH SERVICES

**APPOINTMENTS:**
To schedule an appointment for medical and gynecological screenings, call (310) 287-4478.

All other services are available by walk-in appointment. Some services may require out-of-pocket fees.

- On-Site Certified Nurse Practitioner able to diagnosis, treat, and dispense prescription medication
- Physical Exams
- Non-Urgent Medical Care
- Gynecological Services (i.e. pap smears)*
- First Aid for Minor Burns, Cuts, Sprains, and Sores
- Family Planning & Contraception
- Pregnancy Test and Condoms*
- Over-the-Counter Medications
- Blood Pressure and Diabetic Monitoring
- Basic Hearing / Vision Exams
- TB Screenings & Immunizations
- Diagnosis & Treatment of Short-term Illnesses (Flu, Cold, Sore Throats)
- Referrals to Off-Campus Physicians, Medical Centers, Clinics and Telephone Hotlines
- Health Information, Workshops & Annual Health Fair

### MENTAL HEALTH SERVICES

**APPOINTMENTS:**
To schedule an appointment, call (310) 287-4478.

- Depression
- Anxiety (Test, Social, etc.)
- Relationship Problems / Couple Therapy
- Stress Management
- Family Conflicts
- Substance Abuse
- Suicidal Thoughts
- Domestic Violence
- Grief
- Eating Disorders
- Alternative Lifestyles
- Parenting
- Time Management
- Referrals to Community Resources

### PARTIAL LIST OF LAB TESTS

Some labs and immunizations require out-of-pocket fees

- College Health Screen (screens for anemia, diabetes, cholesterol, kidney function)
- CBC (screens for anemia)
- Glucose random/fasting (screens for diabetes)
- ABO & Rh (Blood type)
- TSH (screens for thyroid function)
- Measles (Titer)
- German Measles (Titer)
- Mumps (Titer)
- HIV
- RPR

### IMMUNIZATIONS

- MMR
- Hepatitis
- Td
- TB Skin Test
- Varicella
- Flu Vaccine (at select times during the year)
STUDENT HEALTH & WELLNESS CENTER
Building A-9 (Across from the Bookstore) (310) 287-4478

HOURS:
see www.wlac.edu/services

The Student Health & Wellness Center is closed on weekends, term breaks and school holidays.

IN THE EVENT OF A MEDICAL EMERGENCY ON CAMPUS contact the Campus Sheriff at (310) 287-4314 in Parking Lot #5
The Sheriffs are available 24 hours per day to provide immediate emergency medical services.

Local Low Cost Health Care Providers/Clinics

Westside Family Health Center
1711 Ocean Park Boulevard
Santa Monica, CA 90405
(310) 450-2191

T.H.E. Clinic, Inc.
3834 S. Western Ave. | Los Angeles, CA 90062
(323) 730-3502

Venice Family Clinic
905 Venice Boulevard | Venice, CA 90291
(310) 392-8636
*Various locations. Dental services/referral at selected sites.

Los Angeles Free Clinic
8405 Beverly Blvd. | Los Angeles, CA 90048
(323) 653-1990
(dental services)

County Hospitals

LAC/USC Medical Center
200 N. State St. | Los Angeles, CA 90033
(323) 226-2622

Harbor/UCLA Medical Center
1000 W. Carson St. | Torrance, CA 90502
(310) 222-2345

Comprehensive Health Centers

Humphrey Comprehensive Health Center
5850 S. Main St. | Los Angeles, CA 90003
(323) 846-4312
(dental services)

Central Public Health Center
241 N. Figueroa St. | Los Angeles, CA 90012
(213) 240-8204

Ruth-Temple Health Center-T.H.E. Clinics Inc.
3834 S. Western Ave. | Los Angeles, CA 90062
(323) 730-3507

Hollywood/Wilshire Public Health Center
5205 Melrose Ave. | Los Angeles, CA 90038
(323) 769-7800

Westside Family Health Center
1711 Ocean Park Boulevard
Santa Monica, CA 90405
(310) 450-2191

T.H.E. Clinic, Inc.
3834 S. Western Ave. | Los Angeles, CA 90062
(323) 730-3502