ABOUT U.S.VETS

Founded in 1992, United States Veterans Initiative (U.S. VETS) is the largest nonprofit organization in the country dedicated to helping veterans in need and is a nationally recognized leader in the field of service delivery to veterans.

OUTSIDE THE WIRE

U.S. VETS is dedicated to helping veterans and their families develop the skills and find the tools they need to live successful, healthy lives.

Outside the Wire helps veterans:

- Decrease anxiety and stress
- Increase overall wellbeing
- Increase education, work, and skill-building success

OUR MISSION

The successful transition of military veterans and their families through the provision of housing, counseling, career development and comprehensive support.

Outside the Wire (OTW) is an outreach program designed to address OEF/OIF veteran and family needs for preventative and early mental health treatment.

“Serving Those Who Served”
Outside the Wire offers counseling and supportive services for veterans with service-related psychological injuries including PTSD, Anxiety, and Depression.

The program provides free confidential, non-governmental support for veterans and their families.

This includes outreach, counseling, and information and referral services to recently deployed service members and their families, as well as veterans at community colleges around Southern California.

## OUTSIDE THE WIRE SERVICES

- **Individual and group counseling** for veterans, couples, families, and children.
- Counseling services assisting veterans experiencing symptoms of **PTSD, drug and alcohol abuse, marital and family problems**, as well as children and adolescent behavioral problems.
- **Assistance with study skills and managing college coursework** with a job and family responsibilities.
- **Wellness Skills Groups/individual meetings focusing on self-management and stress management skills.**
- **Military Deployment Support Group** for spouses, significant others, or close family members who have a loved one currently deployed.
- **Education to faculty and staff as to military life** and the transition home and life after deployment.
- **Cutting Edge** treatment for PTSD, including **Virtual Iraq & Afghanistan exposure-based therapy.**

## YOU ARE NOT ALONE

Many veterans experience life changing events while serving their country. The numbers don’t lie:

Since October 2001, **over 1.6 million** U.S. troops have deployed as part of Operation Iraqi Freedom and Operation Enduring Freedom.

**Roughly 300,000** returning troops currently suffer from Post Traumatic Stress Disorder (PTSD) or major depression, and anxiety.

**Over 320,000** individuals have suffered a probable Traumatic Brain Injury during deployment.