
FOR IMMEDIATE RELEASE

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West Track & Field Takes 1st & 3rd At Western States Conference Championship



The West Los Angeles College women's track and field team won the 2008 Western States Conference Championships on Saturday, April 26 with 189.5 points, defeating their nearest competition by over 50 points. Ebony Collins set a WLAC and conference meet record in the 100m hurdles. West men finished third out of 13 teams with 119 points. The combined track and field title went to West LA College as well, a big turn around from last place a year ago.

"The team really worked hard and deserved this," Coach Dan Fitzpatrick said. "Now it's time to start focusing on what has been our main goal all season long, winning state."

WEST LADIES

Three individuals each won two events. Additional wins in triple jump, 100m dash and 4x400 relay.

Ebony Collins won the 100m hurdles (13.89) and the 400m hurdles (59.86). Collins' hurdle time was a conference meet record, as well as a school record. It was her third school record of the season. **Turquoise Williams** had victories in the high jump (5'3") and long jump (18'7.25"). Fellow freshmen, **Aysha Moutrie** won the 200m dash (25.31) and the 400m dash (58.99).

In addition to their individual titles, Williams scored valuable team points by finishing 3rd in the triple jump, 4th in the 100m hurdles, and 5th in the 400m hurdles. Collins finished 2nd in the 400m dash and 3rd in the long jump. Moutrie finished 4th in the high jump.

Other 1st place victories went to: Shannon Austin, 1st place in the triple jump (36'7.5"); Dominique Sterling, 100m dash (12.26); Sisters Adraine & Alysha Turner, Shayna Parker and Janaie Bradford, 4x400m relay (4:00:19)

WEST MEN

Men's victories included 1st place in the 4x400m relay (3:21.81) – Leland Anderson, Justin Barnes, Jaime Cowan and freshman Rashaad Scott; the hammer throw (172'1) – freshman VerLondon Harris III; and the 200m dash (22.38) – R. Scott.

Other notable men's performances include freshman Javier Herrera's fourth place finish in the 1500 meters (4:13.12), sophomore Brandon Mister's third place finish in the triple jump (45'5.75") and a 2nd place finish in the javelin throw by Joel Childress (188'8").

The top 6 finishers in each event qualified for the Southern California Prelims, which will take place this Saturday, May 5th at Bakersfield College.

West Los Angeles College, a community college located just east of Sepulveda and Jefferson, has been providing excellent university transfer and career training programs to the community for nearly 40 years. Other sports programs include baseball, basketball, cross country, and track & field. Women's volleyball and soccer will be added to the athletic program in the Fall 2008 semester. For more information on "West," visit www.wlaac.edu.

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