FOR IMMEDIATE RELEASE
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SATURDAY, SEPTEMBER 28 @ WEST LOS ANGELES COLLEGE
The First Lady’s “Let’s Move!”
Face Painting, Crafts & Critters
for Kids at EarthFest LA

Volunteers of the First Lady Michelle Obama’s local Let’s Move! Project will lead group fitness breaks for those kids and parents at the 2013 EarthFest LA produced by California Greenworks and held at West Los Angeles College on Saturday, September 28. All exercises demonstrated will be low-impact and easily integrated into any lifestyle, regardless of age. Also for appearing for the kids is the popular STAR Eco Station. STAR Eco Station is an environmental science museum, an exotic wildlife rescue center, and a haven for endangered and illegally-trafficked exotic animals confiscated by the U.S. Fish and Wildlife Service. Other booths for kids include Auntie Joyce, Face Painter Extraordinaire and recycle crafts.

EarthFest LA is a family-friendly outdoor concert and environmental / healthy living expo. Featured concert artists will be smooth jazz artist and Grammy winner Paul Brown, hit band Ambrosia, Latin-groove artist Freddie Ravel, and up-and-coming singer/songwriter Chris Lightfoot. The expo includes a discussion on what people need to know about the Affordable Health Care Act and California Covered. Dr. David M. Carlise, President of Charles R. Drew University of Medicine and Science (CDU) and Dr. Mark Pearson who is currently working with the University of Southern California on a project funded by Covered California, will lead the discussion. There will also be information booths and demonstrations including “From Garden to Table” by celebrity chef Shelly Woods and oral health screenings provided WLAC’s Dental Hygiene Program. Visitors will also be able to drop off old computers, phones and appliances at the E-Waste Recycling station.

Free passes to EarthFest LA are available at www.EarthFestLA.org. The accredited community college is located at 9000 Overland Avenue in Culver City. Use the Jefferson entrance between La Cienega and Overland for the best parking.

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