



## WEST LOS ANGELES COLLEGE 2009 CROSS COUNTRY SCHEDULE

Date	Day	Meet	Place	Time
Aug 29	Sat	Moorpark Invitational	Moorpark College	9:00 am
Sept. 4	Fri.	Ventura Invitational	Arroyo Verde Park, Ventura	2:00 pm
Sept. 11	Fri.	Palomar Invitational	Guajome Park, Oceanside	3:00 pm
Sept. 12	Sat.	Fresno Invitational	Woodward Park, Fresno	9:00 am
Sept. 19	Sat.	Orange Coast Classic	Fairview Park, Costa Mesa	10:00 am
Sept. 25	Fri.	Foothill Invitational	Legg Lake, South El Monte	10:00 am
Oct. 2	Fri.	Bakersfield College	Kern Country Soccer Park, Bakersfield	3:00 pm
Oct. 9	Fri.	WSC Preview Meet	Pierce College, Los Angeles	3:00 pm
Oct. 16	Fri.	SoCal Preview/Mt. Sac Invitational Mt. Sac, Walnut	Mt. Sac., Walnut	10:00 am
Oct. 27	Tues.	Conference Championships	Cuesta College, San Luis Obispo	2:00 pm
Nov. 7	Sat.	SoCal Championships	Mt. Sac, Walnut	10:00 am
Nov. 21	Sat.	State Championships	Woodward Park, Fresno	9:00 am

Dan Fitzpatrick, Head Coach  
 Janeshia Adams-Ginyard, Head Coach  
 Valarie Brisco, Assistant Coach  
 Lawrence Jarmon, Dean of Student Services  
 Steve Aggers, Athletic Director

(310) 287-4587 Jawell Samilton, Academic Counselor  
 (310) 287-4587 Victor Pulido, Athletic Trainer  
 (310) 287-4587 Jo-Ann Haywood, Athletic Secretary  
 (310) 287-4454 Women's P. E. Attendant, Zulma Mena  
 (310) 287-4513 Men's P. E. Attendant, Richard Johnson

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