LSK 51-C  Improving your Memory  Section#: 1396  Spring 2014

Short term dates:  April 22- May 15
Classroom  General Classroom Building, Room 320
Days/Times  Tuesday and Thursday  12:15 to 1:20 pm
Instructor  Fran Israel

Office Location  DSPS in the Student Services Building, Room 320
Office hours:  Tuesday/Thursday  10:30 to 11:30 and  3:00 to 5:00 pm
Phone  310 287-4450  Fax: 310 287-4417
Email  israelf@wlac.edu
Textbook  Handout
Materials:  3 ring notebook, paper; a textbook from any class

Description  How is your Memory? Practice memory skills to improve your learning and test taking. Learn how stress affects your ability to remember. Develop your plan to improve your memory and grades. This class combines lecture, discussion and activities. The class is non-degree applicable and non-transferable and is graded credit/no-credit.

Objectives:  a) Will understand why people forget
b) Will think critically in choosing techniques suited to learning style strengths.
c) Will provide practice in using memory strengths to promote learning and reduce anxiety.

Outcomes:  Awareness of how memory techniques fit into learning success and understand their limitations

Topics for the 8 class meetings

1. Introduction to memory
2. Learning style and memory
3. Laws of Learning
4. Why we forget
5. Memory tricks
6. Memory Techniques
7. Spaced review
8. Review and final assignment due.
Assignment: short assignment to memorize. Small group study permitted.

Grading: Credit/ No credit. You will be evaluated on
1. Completion of long term assignment
2. Regular and on-time attendance
3. Appropriate classroom participation
4. Notebook organization and completeness

This class meets only 8 times; you cannot learn if you are not in class...on time!
1 absence is allowed; 2 times late = 1 absence.
If you have 2 unexcused absences (other than emergency) and/or repeated inappropriate class participation, I will drop you from the roster so that you can add another credit class for financial aid purposes

The Rules: 1. Respect for others is the #1 requirement in this class. Talking; texting, passing messages, ringing phones and getting up to answer phones/pagers in middle of class, are all disruptive, rude behaviors that lead others to believe that you believe that no one else's time is as valuable as your own. In college professors are not required by law to keep anyone in class who has a negative effect in the classroom. College is not everyone's right; it is a privilege.

2. Everyone needs to listen with respect to other's questions and comments. There will be no negative comments or laughter because there are no foolish questions in this classroom!! Your comments should be polite and positive at all times.

This class is offered to help you to learn better, improve your grades and reach the goals in life that you have chosen, both in college and the world of work. Please fill out the form on the next page to let me know your needs!
Student acknowledgement
(please sign and return to Instructor)

Name of class: Learning Skills 51F

I(print), ___________________, have read this syllabus and understand and agree with the course requirements.

Below, please describe/list any special needs or circumstances that may cause interruption of your work in this classroom, inability to arrive on time or to regularly leave class early(less than 10 minutes) or need to observe religious holidays.

Special Circumstances or needs: (Not to include counseling appointments made over class time.)

Sign: ____________________
Date: _________________