COURSE DESCRIPTIONS:

This course is designed to provide weekly participation in vigorous physical activity involving group work in men’s basketball, terminology, rules and regulations.

**Student Learning Objectives for Kinesiology 388**

1. The student will be introduced to the procedures of game management.
2. The student should be able to apply the drills specific to a Men’s Basketball game.
3. The student will learn of basketball strategies used by coaches.
4. The student will learn of skills to participate at a four-year college or university.

**Course Evaluation:**

<table>
<thead>
<tr>
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<th>Letter Grades:</th>
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<tbody>
<tr>
<td>Attendance</td>
<td>90 – 100% A</td>
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<tr>
<td>Class Participation</td>
<td>80 – 89% B</td>
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<tr>
<td>Mid-term</td>
<td>70 -79% C</td>
</tr>
<tr>
<td>Final</td>
<td>60 – 69% D</td>
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<td>(340 total points)</td>
<td>0 -59% F</td>
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**Grading Procedure:**

27 graded class sessions (5 points per class)
27 graded sessions w/participation (5 points per class)
1 Mid-term (35 points)
1 Final (35 points)

**NO Class:** February 17 (President’s Day) April 7 & 9 (Spring Break) May 26 (Memorial Day)
General Course Outline:
Week 1: Introduction to the various football and terminology
Weeks 2-7: Implementation of football techniques
Week 8: Mid-Term
Weeks 9-15: Implementation and application of football rules and strategy

Attendance and Participation:
If you arrive late to class it will count as a tardy. Three tardies will result in one absence or a loss of five points (5 points) being deducted from your total grade.

UNIFORM:
Proper attire is required at all times:
A. Football or athletic shoes – No sandals, open toed shoes, boots, or heels allowed.
B. Shorts or sweats only – No jeans, casual pants, or cut-offs.
C. Sweatshirts, T-shirts, and full coverage tanks must be worn at all times. Absolutely no string tanks or minimal coverage cut-up shirts. Shirts must be worn at times. Clothing with wording or pictures that are considered obscene will not be allowed.

DROPS:
According to college policy, you may be excluded for excessive absences or for not following the standards of student conduct (printed in the Schedule of Classes). If you drop the course, be sure to do so at the Admission’s Office. If you drop this course on-line, print and keep your confirmation number.

General Comments:
All students are asked to respect all others in class (no swearing or cursing). Any student caught plagiarizing or cheating will be given a failing grade and reported to the Dean of Students for further disciplinary action. NO CELL PHONES IN USE DURING THE CLASS PERIOD.
Name: ______________________

1) Describe your workout history during the past year: Please Circle
   Aerobic training: often     seldom     none
   Weight training: often     seldom     none

2) Describe your football playing history:

   ________________________________________________
   ________________________________________________
   ________________________________________________

3) Do you have any medical limitations?

   ________________________________________________

4) Are you under the care of a physician or rehabilitation specialist?

   ________________________________________________

5) Personally, what goal would you like to achieve in this class?

   ________________________________________________

6) Has a doctor ever informed you of a heart condition and recommended only medically supervised
   physical activity? Yes_____   No_____

7) Do you have chest pain brought on by physical activity? Yes_____   No_____

Medical History: Please check all conditions that apply.

   _____ Heart Disease or Stroke     If yes, are you taking medication _____
   _____ Cancer                      If yes, are you taking medication _____
   _____ Pregnant                   If yes, are you taking medication _____
   _____ Arthritis                  If yes, are you taking medication _____
   _____ Lung Disease               If yes, are you taking medication _____