

## Psychology 1 Course Syllabus

**Professor:** Kimberly White, LMFT

**Office Hours:** Tuesday 11:00-12:00 AM; location TBD

**Email:** [kimwhitemft@gmail.com](mailto:kimwhitemft@gmail.com)

Section	Room	Day	End
1761	MSA 5	T/Th	9:35 - 11:00A

*Email me at the above address ONLY. This will ensure I respond in a timely manner. You are required to check your WLAC email, and I may email you from WLAC to your WLAC email. However, only use the above address when you email me.*

**Required Text:** Psychology in Everyday Life by David G. Myers and C. Nathan Dewall; Third Edition; Worth Publishers, 2014.

\*\* You may purchase this text at the Campus Bookstore and the following website:  
<http://www.macmillanhighered.com/Catalog/static/worth/customstore/wlcc/Canales/>

**Required Materials:** Notebook/writing supplies (you will be required to take notes every class period), Scantrons for exams and quizzes

**Methods of Presentation:** Lecture, video, class discussions, peer-to-peer activities

**Add or Drop the Course:** Add and drops are completed by the third scheduled classroom meeting time. Students who are enrolled but do not attend the first class will be dropped. You must attend the first two classes to be added to the course. If you do not come to class without officially dropping, you will automatically receive a failing grade for the class.

### Student Learning Outcomes

- Students will be able to demonstrate an understanding of the perspective that biology (and genetics) and experience interact to influence human behavior.
- Students will be able to demonstrate an understanding of basic scientific methods used in psychological research.

### Course Objectives:

- Illustrate and identify differences between classical and operant conditioning.
- Name the differences in training and orientation between counselors, clinical psychologists, and psychiatrists.
- Demonstrate how emotions influence thinking and vice-versa.

- Identify and elaborate on the major goals of psychology.
- Compare and contrast the major theories of emotion.
- Describe and illustrate the major components of the mind per Freud.
- Compare and contrast clinical and experimental psychology.
- Differentiate between the major research methods and list advantages and disadvantages of each.
- Describe the anatomy and physiology of the major parts of the brain and nervous system.
- Describe neural transmission and the major of the neuron.
- Explain the meaning of abnormal in psychology.
- Describe the major factors and theories of intelligence.
- Explain the medical model of mental illness and its advantages and disadvantages.
- Describe and explain the major fields of psychology.
- Describe and discuss the model of human declarative memory.
- Explain and discuss the elements of stress and stress management.
- Explain the role we play when we interact with others.

### **Classroom Requirements**

**Attendance:** Promptness shows the level of respect for your academic success, your classmates and the course material. Attendance is a mandatory for a passing grade. The easiest way to fail the course is to arrive late or not attend class. If you are late or absent, you will miss material you may be tested on. Tests will be a combination of text and lecture, so students are required to take notes during lecture. Cell phones must be placed on “silent” during lectures. No text messaging is permitted during class lecture. Talking in class is limited to pair and group discussion. Any talking during lecture will be assumed as a question regarding class material. Questions and participation regarding lecture and class material are encouraged at all times – after all, psychology is about human behavior, observation and interaction.

**Make Ups:** It is critical to make connections with other students in the classroom in order to obtain notes or assignments if you miss class. The professor does not provide students with her lectures, class notes or make up assignments. Exams cannot be missed unless a doctor’s note is provided to the instructor *prior* to the exam. You will receive a 0 on the test if you miss the test time, unless I receive an email before the test and a note. Make up tests are scheduled during office hours during the next class meeting day and this is the only time provided for make ups.

*Please keep in mind that this syllabus is an approximation of the way the course will proceed and is subject to change.*

### **Course Requirements**

**Exam** (400 total points) You will be given four multiple-choice exams in this course. Each exam is composed of 50 multiple-choice questions that cover lecture and reading material. Each test is worth 100 points (2 points per question). Exams cannot be missed due to illness unless a doctor's note is provided to the instructor *prior* to the exam. You will receive a 0 on the test if you miss the test time, unless I receive an email before the test and a note. You must bring a **Scantron Form 882-E** to each exam and these tests will be computer graded.

**Quizzes** (100 total points) You will be given five multiple-choice quizzes in this course. Each quiz will be 10 multiple-choice questions that cover recent lecture material and prepare students for upcoming exams. Each quiz is worth 20 points (2 points each question). The quizzes will be open book and open note quizzes. Your note taking ability and ongoing reading will reflect quiz grades. If you are absent on a quiz day, you will receive a 0 on the quiz. There will be no make up quizzes given to students. You must bring a **Scantron Form 882-E** to each quiz and these quizzes will be computer graded.

**Research Paper** (100 points) The psychology department requires that each student in Psychology 1 complete a research paper. You may choose any topic covered in the textbook to write about, and the instructor will provide you with optional paper topics. It will be 5 complete, typed, double-spaced pages with 1.25" margins in Times New Roman font, 12 point size. The research paper will be 100 points. You will need a minimum of 3 references for this paper that includes books or journal articles. You are not allowed to use websites for the paper unless the instructor approves the site before hand. The paper is due at the beginning of class. ***Five points will be deducted from the total score each day the paper is late. The highest grade you will obtain for a paper a week late is a low C (70 points).***

**Participation** (20 points) You will have opportunities to gain participation points by volunteering ideas, joining in discussion or answering extra homework questions as indicated by the professor. Bringing questions to the professor during breaks or office hours will also increase your participation points.

### **Grading**

Each exam is 100 points (4), each quiz is 20 points (5), the research paper is 100 points (1) and 20 points will be added on at the end of the semester for participation. The total maximum of points without extra credit is 620 points.

<b>A</b>	89.5-100%	Superior. Mastery beyond course requirements
<b>B</b>	79.5-89.4%	Above average. Consistent progress; meets all

		course requirements
<b>C</b>	69.5-79.4%	Average. Meets basic course requirements
<b>D</b>	59.5-69.4%	Below average; partial fulfillment of requirements; minimal effort and progress
<b>F</b>	Below 59.4%	Fails to meet minimum course standards

## Calendar

Week 1 – Sept 2/4, 2014	Intro to course; Chapter 1	
Week 2 – Sept 9/11, 2014	Chapter 2	
Week 3 – Sept 16/18, 2014	Chapter 5	Quiz 1 (Ch 1,2) Tuesday Sept 16, 2014
Week 4 – Sept 23/25, 2014	Chapter 5	Exam 1 (Ch 1, 2, 5) on Thursday Sept 25, 2014
Week 5 – Sept 30/Oct 2, 2014	Chapter 3	
Week 6 – Oct 7/9, 2014	Chapter 6	Quiz 2 (Ch 3,6) Thursday October 8, 2014
Week 7 – Oct 14/16, 2014	Chapter 7/8	
Week 8 – Oct 21/23, 2014	Chapter 8	Exam 2 (Chapter 3, 6, 7, 8) on Thursday Oct 23, 2014
Week 9 – Oct 28/30, 2014	Chapter 9	Research Paper Due
Week 10 Nov 4/6, 2014	Chapter 10	Quiz 3 (Chapter 9,10) Thursday Nov 6, 2014
Week 11 – Nov 11/13, 2014	Chapter 11	
Week 12 – Nov 18/20, 2014	Chapter 12	Exam 3 (Chapter 9, 10, 11) on Tuesday Nov 18, 2014
Week 13 – Nov 25, 2014	Chapter 12	
<b>No class November 27,</b>		

<b>2014</b>		
Week 14 – Dec 2/4, 2014	Chapter 13	Quiz 4 (Ch 12,13) Thursday Dec 4, 2014
Week 15 – Dec 9/11, 2014	Chapter 14	
Week 16 – December 16, 2014	Final Exam	Exam 4 (Chapter 12, 13, 14) Tuesday Dec 16 10:15 – 12:15

