

PSYCHOLOGY 64  
**SYLLABUS**

- INSTRUCTOR:** Glenn White, Ph.D.
- TEXTBOOK:** Inaba, Darryl and Cohen, William. Uppers, Downers, All Arounders. Seventh Edition. CNS Publications, Inc., Ashland, Oregon. Copyright 2011.
- TIME:** Tuesday 6:45 p.m. -- 10:00 p.m.
- COURSE DESCRIPTION:** A basic, didactic survey course studying the nature of alcoholism and chemical dependency. This course explores community prevention, education, outreach and referrals.
- REQUIREMENTS:** There will be four tests in this class plus a Final Exam/paper. Each is worth a total of 100 points. Your lowest score among the first four tests will be dropped. It is mandatory that the Final Examination (paper) be taken. No make-up tests will be given under any circumstances.

Tests are based on material presented in class lectures which are almost entirely based on material in your textbook, Uppers, Downers, All Arounders, Seventh Edition by Inaba and Cohen. The majority of questions will be covered in class lectures, however, all students are responsible for the material in each chapter listed in the course syllabus regardless if it is presented or not.

The scoring range for each test and the final grade will be based on the following scales below:

<u>Semester Exams</u>	<u>Final Grade</u>
100-90 A	360-400 A
89-80 B	320-359 B
79-70 C	280-319 C
69-60 D	240-279 D
59-0 F	0-239 F

## **Course Outcomes Related to College-Wide Student Learning Outcomes (SLO)**

To successfully complete this course, students will be able to meet the following institution-wide student learning outcomes:

### **Critical Thinking**

Analyze social issues as presented from your text, using sound theoretical paradigms that are presented and discussed in your textbook and lecture notes.

- \* Read and critically evaluate college-level material from a variety of resources.
- \* Evaluate the validity and soundness of arguments; recognize and avoid logical fallacies.
- \* Distinguish factual statements from judgmental statements and distinguish knowledge from opinion.

### **Cultural Diversity**

Respectfully engage with other cultures in an effort to understand them.

- \* Read and participate in class discussion on a variety of viewpoints on culturally relevant issues.

### **Ethics**

Practice and demonstrate standards of personal and professional integrity, honesty and fairness; apply ethical principals in submission of all class work.

- \* Participate in in-class exams.
- \* Write a research paper documenting your references.

### **Course Objectives**

**Content Knowledge**—Upon completion of this course, the student will have an understanding of, or be able to apply, the following principles and concepts:

- \* Major theories of addiction, including the basis of each in terms of the major approaches in psychology.
- \* Major approaches and applications of the major theories of treatment and recovery.
- \* The major sociological and cultural differences of the types of addictive populations and the theories of treatment for each.
- \* Physiological/biological effects of different major categories of drugs and resulting differences in treatment modalities.
- \* The major effects of an addicted family member on his or her family.
- \* Major theoretical approaches of case management and related advantages/disadvantages of each in terms of patient outcomes.

**Exit Skills**—Upon completion of this course, the student will have the following skills:

- \* To describe and differentiate between the different theories of addiction.
- \* To differentiate between the special populations within the addictive community.
- \* To describe the physiological effects of drug and alcohol dependence.
- \* To describe the effects of substance abuse on different populations and gender
- \* To identify and differentiate substance related disorders and mental disorders
- \* Patterns of Dual Diagnosis: understanding the relationship between substance disorders and mental illness.
- \* Draw on research and knowledge of psychoactive drugs and addiction to serve the needs of the counseling position, the client , and the community.

*Finally, here are a few items of importance that will affect your grade.*

- ❖ The class schedule states the hours of the class. Students are required to be in attendance the duration of those stated hours. Tardiness and/or early departure will affect your grade.
- ❖ Students who are absent 2 times or more have three options:
  1. To drop the class
  2. To take a lower final grade in the class. For example, for a student with a letter grade of "A" who accrues 2 or more absences, their grade will be dropped to a "B".
  3. To complete a twenty page written double-spaced report on a psychology related topic. The topic will be decided between the student and instructor prior to commencement of this project.
- ❖ **Talking to other students during lecture or while another student is speaking is rude and not acceptable.** If a lecture has to be halted because a student is talking, this student may be asked to leave the lecture. And, if this behavior continues throughout other lectures, this student will be asked to leave the class permanently and drop the class.
- ❖ **Cell Phones and pagers have absolutely no place in the classroom. If yours goes off, you will be asked to leave.**
- ❖ Consistent attendance is required. If a student's absences exceed one class, the student may be dropped from the class roster. If a student is absent, it is their responsibility to follow the material in the course syllabus.
- ❖ If you decide to stop attending class, it is your responsibility to drop yourself at the Admissions Office. Students who do not follow this procedure as found in the class schedule run the possibility of receiving the letter grade of "F".
- ❖ It is requested that students read the *Code of Conduct* in the **Class Schedule** regarding appropriate behavior in the classroom setting. **Under no circumstances will verbal intimidation towards other students or the instructor be tolerated--the student will be asked to immediately leave the classroom and disciplinary actions will be taken through the Dean of Student Services.**

**Discussions are fully welcome in class, however, there is a difference between discussion and arguing with other students and/or the professor in class.** This is uncalled for and disciplinary action will be taken by this professor.

It is requested that students read the *Code of Conduct* in the **Class Schedule** regarding appropriate behavior in the classroom setting. **Under no circumstances will verbal intimidation towards other students or the instructor be tolerated--the student will be asked to immediately leave the classroom and disciplinary actions will be taken through the Dean of Students.**

Disabled Student Programs and Services assist with accommodations due to a disability in the classroom. Students requesting accommodations must register with the Director. Contact Dr. Shalomon Duke, Dean of DSPS at (310) 287-4450 for information and assistance.

Students are encouraged to participate in class lectures. Your thoughts and ideas are important and can assist you and other students in comprehending course material. **Scantrons are required for each test. Office hours are to be arranged by appointment.**

## **COURSE SCHEDULE**

<u>DATES</u>	<u>TOPICS</u>
<u>WEEK 1</u> Aug. 27 Classification	Introduction: Overview of class Chapter 1: Psychoactive Drugs: History and
<u>WEEK 2</u> Sept. 3	Chapter 1: Psychoactive Drugs: History and Classification (Continued)
<u>WEEK 3</u> Sept. 10	Chapter 2: Heredity, Environment and Psychoactive Drugs
<u>WEEK 4</u> Sept. 17	Chapter 2: Heredity, Environment and Psychoactive Drugs (Continued) <b>Test 1 Chapters 1 and 2</b>
<u>WEEK 5</u> Sept. 24	Chapter 3: Uppers
<u>WEEK 6</u> Oct. 1	Chapter 3: Uppers (Continued) Chapter 4: Downers...Opiates/Opioids and Sedative Hypnotics
<u>WEEK 7</u> Oct. 8	Chapter 4: Downers...Opiates/Opioids and Sedative Hypnotics <b>Test 2 Chapters 3 and 4</b>
<u>WEEK 8</u> Oct. 15	Chapter 5: Downers
<u>WEEK 9</u> Oct. 22	Chapter 6: All Arounders
<u>WEEK 10</u> Oct. 29	<b>Test 3 Chapters 5 and 6</b> Chapter 7: Other Drugs and Other Addictions
<u>WEEK 11</u> Nov. 5	Chapter 7: Other Drugs and Other Addictions (Continued)
<u>WEEK 12</u> Nov. 11	Chapter 8: Drug Use and Prevention--From Cradle to Grave
<u>WEEK 13</u> Nov. 18	<b>Test 4 Chapters 7 and 8</b> Chapter 9: Treatment
<u>WEEK 14</u> Nov. 25	Chapter 9: Treatment (Continued)

WEEK 15  
Dec. 3

Chapter 10: Mental Health and Drugs

WEEK 16  
Dec. 10

**Summary and Review**  
**FINAL EXAMINATION**

**\*\*\* Occasionally, there may be slight adjustments in the syllabus, including chapter substitutions, depending on the needs of the class.\*\*\***