

WEST LOS ANGELES COLLEGE

KINESIOLOGY 286

SECTION # 2350

FALL 2013

Instructor: Mr. Robert Grant

Office: PEC North 126

Class Meets: M-W 1:30 PM– 2:35 PM

Office Hours: M-Th 11 AM – Noon

Location: Baseball Field

Phone: (310) 287-4536

E-Mail: grantrt@wlaac.edu

Course Description

Kinesiology 286 Baseball Skills (UC:CSU) (RPT 3) 1 Unit

This course will focus on developing fundamental skills, strategies, knowledge of the rules and the history of baseball. This is an opportunity for teamwork and game play. Open to all ability levels.

Student Learning Objectives for Kinesiology 286

1. The student will learn drills to develop fundamental baseball skills.
2. The student will learn baseball strategies used by the coaches.
3. The student will gain knowledge of the rules and history of baseball.
4. The student will learn baseball skills needed to participate at the intercollegiate level.

Attendance

Your attendance is required for this class. You can be dropped after missing three (3) classes. Please contact the instructor at the phone number listed above in case you have to miss a class.

Grading Policy

Participation: 100 points	90%-100%	A
Attendance: 100 points	80%-89%	B
	70%-79%	C
	60%-69%	D
	0%-59%	F

Class Standards

You are expected to arrive to class on time, dressed in baseball attire and participate in the class activities. You can be dropped from this class after missing three (3) classes.

**** Please put your name on all personal baseball gear (gloves, bats, hats).****

Safety and Accidents

Baseball is a dangerous sport. Serious injuries and even death can occur. Please use safety procedures and caution at all times. If an accident or injury should occur, please inform the instructor immediately.

How to Succeed in this Class

Be on time and attend all classes. Participate in class activities. Follow the instructions given by the instructor. Push yourself to improve your baseball skills.

Adding, Dropping or Withdrawing from this Class

Please follow the college policy listed in the “Schedule of Classes” for adding, dropping and withdrawing from this class. The last day to add, drop or withdraw from class is listed in the front pages of the “Schedule of Classes”. You can be dropped from this class after three (3) missed classes.