

relationships, proximities, scales, focal elements, and color material balance.

INTRDGN 106 Digital Drafting for Interior Design (3) CSU

Prerequisites: ARC 172, ENV 101

An introduction to the fundamentals of freehand drawing, drafting, and computer-based drawing for Interior Designers. This course involves 2D and 3D analysis and interpretive studies using drawing as an integral part of the design process.

INTRDGN 107 Color Theory and Design (3) CSU

This course covers the developments and use of color as it relates to interior design. The psychology of color, texture and light effects, the historic value of color, color trends past and present, and the uses of color in build environments.

INTRDGN 108A Residential Space Planning (3) CSU

Prerequisites: INTRDGN 102, 106, 107

This course covers space planning for interior design with an emphasis on complete environmental planning including humane and green environments, client requirements, ADA compliance, architectural considerations, interior and exterior relationships in residential design. Covers basic drawing and 3D modeling techniques in developing design proposals.

INTRDGN 108B Residential Space Planning (2) CSU

Prerequisite: INTRDGN 108A

This course covers commercial space planning for interior design with an emphasis on complete environmental planning. The course also client requirements, ADA compliance, architectural considerations, and interior and exterior relationships to commercial design. This course includes presentation methods and field trips.

INTRDGN 114 Interior Design Materials, Standards and Specifications (3) CSU

This course covers the knowledge of materials and finishes specification and their applications for both residential and commercial space. Students learn about interior products for durability, health, environmental, sustainability, and American Disability Act considerations.

JAPANESE

(JAPAN)

JAPAN 001 Elementary Japanese I (5) UC/CSU

This course provides the fundamentals of the Japanese language with emphasis on the spoken word. The Japanese syllabary for Hiragana, Katakana and basic Kanji are introduced. In addition, the course introduces the study of Japanese culture.

JAPAN 002 Elementary Japanese II (5) UC/CSU

Prerequisite: JAPAN 1 with a grade of "C" or better

This course continues students' development of fundamental linguistic communication skills in Japanese. The course also continues the study of Japanese culture.

KINESIOLOGY

(KIN)

(Formerly Physical Education)

KIN 185 Directed Study (1) CSU

(Formerly PHYS ED 185)

Students pursue directed studies in Kinesiology on a contract basis, under the direction of a supervising instructor.

KIN 229 Body Conditioning Skills (1) UC/CSU

(Formerly PHYS ED 228)

This course uses a variety of aerobic and anaerobic exercises to help the student achieve fitness and establish a workout program they can use for the rest of their life.

KIN 232 Step Aerobics Activity (1) UC/CSU

(Formerly PHYS ED 470)

Students are instructed how to safely exercise using step aerobic benches to achieve their personal fitness goals. Additional instruction offered on exercises from a variety of different sources such as yoga, Pilate's and weight training. Course is open to all levels.

KIN 245 Body Dynamics Skills (1) UC/CSU

(Formerly PHYS ED 229)

Emphasis is on physical fitness through a non-traditional strength training. Students will leave with an extensive exercise library using nontraditional equipment (fit balls, bends, medicine balls, etc.).

KIN 250 Weight Training Skills (1) UC/CSU

(Formerly PHYS ED 230)

This course covers the principles of weight training for men and women. It develops a general program of progressive resistance exercises with adaptation and implication for the individual student. Attention is given to terminology, use of equipment, safety precautions, nutrition and weight control, and basic factors of anatomy and physiology.

KIN 250-1 Weight Training Skills –1 (1) UC/CSU

Students develop muscular strength and endurance using weight machines and free weights. They employ proper training techniques necessary to maintain personal fitness throughout the lifespan.

KIN 250-2 Weight Training Skills –2 (1) UC/CSU

Students develop resistance training experience and become involved in a higher level of exercise. They will be exposed to a wide variety of machine as well as free weight exercises and will then design a program based on individual needs.