



WEST LOS ANGELES COLLEGE
2018 – 2020 CATALOG

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SECTION:

Academic Majors – Beginning with Letter “K”

Note: in addition to the following degree requirements, two semesters of a foreign language are recommended.*

Required courses	27
ANTHRO 102 Cultural Anthropology	3
ECON 002 Macro Economics	3
GEOG 002 Cultural Elements of Geography	3
HISTORY 087 Intro to World Civilization II	3
POL SCI 002 Comparative Politics	3
POL SCI 007 International Relations	3
POL SCI 017 Gov't & Politics of Latin America	3
POL SCI 060 Intro to Globalization	3
SPANISH 010 Latin American Civilization	3

Additional LACCD GE plan units **18**
(21 units, minus 3 major units that may be double-counted as GE)

Degree-applicable elective units **15**

TOTAL **60**

***Recommended foreign language courses:**

SPANISH 1 Elementary Spanish I	5
SPANISH 2 Elementary Spanish II	5
SPANISH 3 Intermediate Spanish I	5
SPANISH 4 Intermediate Spanish II	5

INTERNATIONAL AREA STUDIES – MIDDLE EAST (AA)

MAJOR CODE: 2210.10

The Associate in Arts International Area Studies—Middle East cultivates global citizens who specialize in the Middle East and who study the world from an international/global perspective. Integral to this is to be conversant with Middle East and global politics and governance, markets, culture and society, languages and area studies.

Student learning outcomes promote knowledge of the Middle East as well as enhance awareness of the region and its diverse peoples and cultures and the roles these play in the larger global community.

The Associate in Arts International Area Studies—Middle East degree will enable students to pursue multiple pathways to transfer or careers with a strong understanding of one of the most dynamic region of the world, the Middle East. The Student Learning Outcomes for this degree focus on politics and governance, markets, culture and society, languages, and area studies:

Program Learning Outcomes: Upon successful completion of this program, students will be able to...

- Develop a process that can lead to insights in understand a culture other than your own.

- Interact with sympathy and respect to cultural mores, beliefs, and traditions within a global context.
- Acquire knowledge of the key patterns, themes, events, and figures of the past and present, across the global spectrum.
- Utilize and exercise available resources to conduct topic investigations in order to analyze what one sees and experiences within a global vision.
- Develop cross-cultural competency, empathy, and insight into the human experience that transcends demographic categorizations.
- Seek out and engage in opportunities that broaden their perspective and increase their responsibility to community both locally and globally.
- Address social, behavioral, and cultural issues to respond to the challenges of work, family, community, and the world at large.
- Apply and relate their understanding of international trade and initiatives to develop multiple perspective on globalization issues and their impact on economic decision makers.

Note: in addition to the following degree requirements, two semesters of a foreign language are recommended.*

Required courses	27
ANTHRO 102 Cultural Anthropology	3
ANTHRO 134 Peoples & Culture of the Middle East	3
ART 141 Introduction of African Art	3
ECON 2 Macro Economics	3
GEOG 2 Cultural Elements of Geography	3
HISTORY 87 Intro to World Civilization II	3
POLI SCI 2 Comparative Politics	3
POLI SCI 7 International Relations	3
POLISCI 60 Intro to Globalization	3

Additional LACCD GE plan units **18**
(21 units, minus 3 major units that may be double-counted as GE)

Degree-applicable elective units **15**

TOTAL **60**

***Recommended foreign language courses:**

ARABIC 1 Elementary Arabic I	5
ARABIC 2 Elementary Arabic II	5

KINESIOLOGY

KINESIOLOGY & ATHLETICS DIVISION

KINESIOLOGY (AA-T)

MAJOR CODE: 0835.00

The West Los Angeles College curriculum for the Associate in Art in Kinesiology Transfer Degree is designed to prepare students for transfer to bachelor degree programs in Kinesiology, Exercise

DEGREES AND CERTIFICATES

AA-T Associate in Art Degree for Transfer	CA Certificate of Achievement
AS-T Associate in Science Degree for Transfer	CN Certificate of Completion (noncredit)
AA Associate of Arts degree	CY Certificate of Competency (noncredit)
AS Associate of Science degree	SC Skills Certificate (non-transcripted)

Science, Physical Education, Physical Therapy, Athletic Training, Coaching or Fitness Management. Kinesiology courses align with lower-division major requirements at various institutions within the California State University (CSU) system and provide students with an opportunity to complete the first two years of study in the CSU system. Students are required to complete 60 units of degree-applicable courses, with a minimum grade point average of 2.0. Students must earn a minimum grade of "C" (or "P") for each course in the major, and completion of IGETC and/or CSU GE-Breath. Students interested in transferring are encouraged to visit the Counseling Office for individualized educational planning.

Program Learning Outcomes: Upon successful completion of this program, students will be able to...

- Understand, recognize, and appreciate the maximum benefits provided by physical movement for developing individual health and wellness.
- Understand the five components of fitness: cardiovascular endurance, muscle strength, muscle endurance, flexibility and body composition.
- Assess the risk factors of specific training activity and practice safety precautions.
- List activities that are beneficial for modifying body composition.
- List activities that benefit the cardiovascular system.
- Apply and practice the concepts of teamwork, cooperation, communication and respect for each other.

Required courses	11
ANATOMY 001 Introduction to Human Anatomy	4
KIN MAJ 100 Introduction to Kinesiology	3
PHYSIOL 001 Introduction to Human Physiology	4

Elective units (chosen from any three of the following sets)	3
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Aquatics:	
KIN 303-1 Aqua Aerobics I	1
KIN 303-2 Aqua Aerobics II	1
KIN 303-3 Aqua Aerobics III	1
KIN 303-4 Aqua Aerobics IV	1

Dance:	
DANCETO 111 Ballet Techniques I	1
DANCETO 121 Jazz Dance Techniques I	1
DANCETO 141 Modern Dance Techniques I	1
DANCETO 151 Dance for Film and Stage I	1
DANCETO 171 Hip-Hop Techniques I	1

Fitness:	
KIN 229 Body Conditioning	1
KIN 251 Yoga Skills	1
KIN 334-1 Walking for Fitness I	1
KIN 345 Body Dynamics Activity	1
KIN 350-1 Weight Training I	1

Individual Sports:	
KIN 251 Yoga Skills	1
KIN 251-1 Yoga Skills I	1

Team Sports:

KIN 272 Track and Field Skills	1
KIN 286 Baseball Skills	1
KIN 287 Basketball Skills	1
KIN 288 Flag/Touch Football Skills	1
KIN 291 Volleyball Skills	1
KIN 386 Baseball Skills Activity	1
KIN 387 Basketball	1
KIN 389 Soccer	1
KIN 391 Volleyball	1

List A: Select Two Courses **6**

MATH 227 Statistics	4
BIOLOGY 3A & 3B Introduction to Biology	4
BIOLOGY 3 Introduction to Biology	4
CHEM 51 Fundamental Chemistry I	5
OR	
CHEM 60 General Chemistry I	5
OR	
CHEM 101 General Chemistry I	5
PHYS 006 General Physics I	4
HEALTH 012 Safety Education and First Aid	3

Additional LACCD GE plan units **18**

(21 units, minus 3 major units that may be double-counted as GE)

Degree-applicable elective units **12**

TOTAL **60**

KINESIOLOGY (AA)

MAJOR CODE: 0835.00

The curriculum for the Associate of Arts degree in Kinesiology includes coursework that aligns with lower-division major requirements at various universities within the University of California (UC) and California State University (CSU) systems. Students interested in transferring are encouraged to visit the Counseling Office for individualized educational planning.

Program Learning Outcomes: Upon successful completion of this program, students will be able to...

- Understand the five components of fitness: cardiovascular endurance, muscle strength, muscle endurance, flexibility and body composition.
- Assess the risk factors of a specific training activity and practice safety precautions.
- Distinguish how different types of activities (ex. Jazz Dance vs. Weight Training) relate to the five components of fitness.
- List activities that are beneficial for modifying body composition.
- List activities that benefit the cardiovascular system.
- Apply and practice the concepts of teamwork, cooperation, communication and respect for each other.
- Demonstrate increased movement vocabulary.

Required courses		20
ANATOMY 001	Introduction to Human Anatomy	4
HEALTH 012	Safety Education & First Aid	3
KIN MAJ 100	Introduction to Kinesiology	3
KIN MAJ 126	Fundamentals of Athletic Training	3
PHYSIOL 001	Introduction to Human Physiology	4
Elective units (chosen from any three of the following sets)		3
Aquatics:		
KIN 303-1	Aqua Aerobics I	1
KIN 303-2	Aqua Aerobics II	1
KIN 303-3	Aqua Aerobics III	1
KIN 303-4	Aqua Aerobics IV	1
Dance:		
DANCETO 111	Ballet Techniques I	1
DANCETO 121	Jazz Dance Techniques I	1
DANCETO 141	Modern Dance Techniques I	1
DANCETO 151	Dance for Film & Stage	1
DANCETO 171	Hip Hop Techniques I	1
Fitness:		
KIN 329	Body Conditioning	1
KIN 329-2	Body Conditioning II	1
KIN 232	Step Aerobics Activity	1
KIN 350	Weight Training	1
KIN 350-1	Weight Training I	1
KIN 350-2	Weight Training II	1
Individual Sports:		
KIN 351-1	Yoga Skills I	1
KIN 351-2	Yoga Skills II	1
KIN 351-3	Yoga Skills III	1
Team Sports:		
KIN 272	Track and Field Skills	1
KIN 286	Baseball Skills	1
KIN 287	Basketball Skills	1
KIN 288	Flag/Touch Football Skills	1
KIN 291	Volleyball Skills	1
KIN 386	Baseball Skills Activity	1
KIN 387	Basketball	1
KIN 389	Soccer	1
KIN 391	Volleyball	1
Additional LACCD GE plan units		18
(21 units, minus 3 major units that may be double-counted as GE)		
Degree-applicable elective units		12
TOTAL		60

LAW, PUBLIC POLICY AND SOCIETY

LAW, PUBLIC POLICY AND SOCIETY (AA-T)

MAJOR CODE: 1401.00

The Associate in Arts in Law, Public Policy and Society for Transfer Degree (AA-T) is designed to provide a solid, multi-disciplinary lower-division preparation for students who intend to transfer to a California State University (CSU) for a bachelor's degree in Public Policy, Law, Sociology, Economics or similar major. This degree is designed to provide a clear pathway to a CSU and guarantee admissions to a CSU. Although, students are guaranteed admissions, it is not to any particular campus or program in the CSU system. Students will be encouraged to meet with a counselor for specific university major preparation at the college of their choice in order to facilitate a seamless transition. This coursework will satisfy the lower division Law, Public Policy and Society requirements at some of the CSU campuses.

This degree complies with The Student Transfer Achievement Reform Act (Senate Bill 1440). To earn an Associate Degree for Transfer, students must meet the following requirements:

- 1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both the following:
 - A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education-Breadth Requirements.
 - B) A minimum of 31 semester units or 47 quarter units in a major or area of emphasis, as determined by the community college district.
- 2) Obtainment of a minimum grade point average of 2.0
- 3) A grade of "C" or better in all courses required for the major or area of emphasis.

Program Learning Outcomes: Upon successful completion of this program, students will be able to...

- Analyze social science concepts and theories
- Evaluate diverse viewpoints related to the human experience
- Produce evidence-based arguments.