



Student Mental Health

FREE & CONFIDENTIAL

Therapy available on campus to all W.L.A.C. students!!

We offer short-term psychotherapy related to:

Depression	Stress
Relationships	Suicidal Thoughts
Anxiety – Test, Social, etc.	Anger
Family conflicts	Alternative Lifestyle Issues
Domestic Violence	Time Management
Substance Abuse	Grief
Parenting	Academic/Career choices
Eating Disorders	General Self-improvement

We also offer referrals to community resources.

To make an appointment:
Call the Health Center – (310) 287-4478
Or come in – Building A-9

Health Center hrs: M/W: 8am – 4pm, T/Th: 10am-6pm, F: 8am-12pm
Walk-ins available only if schedule permits.

*Proof of current enrollment & health fee payment required.