BASIC NEEDS RESOURCE GUIDE

Resources for Food, Housing, Financial Assistance, and more.

For more information go to
wlac.edu/basic-needs
FOOD RESOURCES

- **St. Augustine’s SAVES Food Pantry**
  - Where: 3850 Jasmin Ave. Culver City, CA 90232
  - When: Mon/Wed/Fri 9am-11:30am
  - Call: (310) 838-2702

- **St. Gerard Social Services (Food Pantry)**
  - Where: 4439 Inglewood Blvd. Los Angeles, CA 90066
  - When: Tue/Thur 9am-12pm & 1pm-3pm
  - Call: (310) 390-5034

- **SOVA West**
  - Where: 8846 W. Pico Blvd. Los Angeles, CA 90035
  - When: Mon-Thu 10am-1:30pm, Sun 9am-12pm
  - Call: (818) 988-7682 or (310)288-0286

- **Food Pantry LAX**
  - Where: 355 E. Beach Ave. Inglewood, CA 90302
  - When: Tue/Fri 10am-12pm
  - Call: (310) 677-5597

- **Safe Place for Youth (Food for youth: Ages 16-25)**
  - Where: 2469 Lincoln Blvd. Los Angeles, CA 90291
  - When: Tue/Wed/Thurs 11am-1pm
  - Call: (310) 902-2283

- **St. Josephs Center (Food distribution)**
  - Where: 204 Hampton Dr. Venice, CA 90291
  - When: Mon 10am-12pm, Tue/Thurs 12pm-3pm
  - Call: (310) 396-6468 Ext.313

- **Crenshaw United Methodist Church**
  - Where: 3740 Don Felipe Dr. Los Angeles, CA 90008
  - When: Every 3rd Saturday
  - Call: (323) 292-0141

- **The Bible Tabernacle (Food box/basket giveaway)**
  - Where: 1761 Washington Way Venice, CA 90291
  - When: Mon/Wed/Fri 9:30am until supply lasts
  - Call: (310) 821-6116

- **Venice Family Clinics (1 bag of Fruits & Veggies)**
  - Where: 2509 Pico Blvd. Santa Monica, CA 90405
  - When: 2nd and 4th Wednesday of the month
  - Call: (310)644-7525

- **CalFRESH**
  - Nutrition Assistance Program that can help people in low-income households purchase food and groceries.
  - [students.getcalfresh.org/s/ccc](students.getcalfresh.org/s/ccc)
  - [dpss.lacounty.gov](dpss.lacounty.gov)
  - OR Call: (866)613-3777

- **Pandemic EBT**
  - Food benefits for families with children who are eligible for free or reduced meals, while schools are closed.
  - [cdss.ca.gov/home/pandemic-ebt](cdss.ca.gov/home/pandemic-ebt)
  - Call: California EBT Customer Service Center (877)328-9677

- **LAUSD Grab & Go**
  - Families with K-12 students can take 2 meals daily from various distributing locations
  - Call: (213) 241-1000 or go to: [achieve.lausd.net/resources](achieve.lausd.net/resources)

- **Food Insecurity Scholarship - West**
  - $50 Grocery Gift Card

Go to [211la.org/food](211la.org/food) to find your nearest food pantry.
HOUSING RESOURCES

- **LAHSA Winter Shelter** (Must be 18+. No families)
  - Go to [lahsa.org/winter-shelter](http://lahsa.org/winter-shelter)
  - Call: 1-800-548-6047 (24/7)

- **LAHSA Safe Parking** (Various locations)
  - MUST apply at: [safeparkingla.org/safe-parking-application](http://safeparkingla.org/safe-parking-application)
  - Call: (323) 210-3375

- **S.P.Y (Safe Place for Youth)**
  - Access Center, Case Management, Housing Services for youth ages 18-24 years old. Some housing options for adults over 24 years old.
  - Go to [safeplaceforyouth.org](http://safeplaceforyouth.org) OR Call (310)902-2283
  - **Homeless Campus Peer Navigator** available through Cranium Café.
    - Go to: [wlac.edu/Basic-Needs/Online.aspx](http://wlac.edu/Basic-Needs/Online.aspx)

- **Upward Bound House**
  - Housing services for individuals and families in Culver City
  - Call (310) 458-7779 or email: info@upwardboundhouse.org

- **The People Concern / OPCC**
  - Providing showers, laundry service, meals, and mail.
  - Access Center: 503 Olympic Blvd. Santa Monica, CA 90401
  - Call: (310)450-4050 or email: customerservice@thepeopleconcen.org

- **HOPICS: Homeless Outreach Program Integrated Care System**
  - 5715 S. Broadway, Los Angeles, CA 90037
    - M/W/F 8am-5pm, T/Th 8am-9pm, S 8am-4:30pm
    - Call: (323)948-0444
  - 5849 Croker St. Los Angeles, CA 90003
    - M-F 8am-4:30pm
    - Call: (323)432-4399

- **LA Housing + Community Development**
  - Under Governor’s Executive Order, through May 31, 2020: evictions related to non-payment of rent for COVID-19 hardships have been halted.
  - Go to: [hcidla.lacity.org/File-a-Complaint](http://hcidla.lacity.org/File-a-Complaint) OR call HCIDLA Hotline: 1-866-557-7368
  - For Culver City Housing Division, Call: (310)253-5790 OR Email: rent.control@culvercity.org

- **The Shower of Hope**
  - Various locations offering showers, hygiene items, clothing.
  - Go to [theshowerofhope.org](http://theshowerofhope.org) to find a location near you

- **Hygiene Service Locations** (Handwashing, Showers, Restrooms in LA County)
  - Go to: [https://www.lahsa.org/documents?id=4340-hygiene-services-locations.pdf](https://www.lahsa.org/documents?id=4340-hygiene-services-locations.pdf)
**HEALTH & WELLNESS**

- **WLAC Student & Wellness Center (Mosaic Family Clinic)**
  - Virtual services provided over the phone or video to WLAC students: health consultations, prescription refills, and sessions with psychotherapist.
  - Call: (323)226-9042 OR Email: info@mosaicfamily.com

- **L.A. County Dept. of Mental Health**
  - Access Line: 800-854-7771 OR go to: dmh.lacounty.gov

- **24/7 Suicide Prevention Hotline**: 800-273-8255 (TALK)

- **Medi-Cal**
  - Public Health insurance program for low-income individuals
  - Go to: medi-cal.ca.gov OR Call: 1-800-541-5555

- **My Health LA**
  - Health care program for those living in LA who don’t qualify for Medi-Cal.
  - Based on low-income. Undocumented population may qualify.
  - Go to: dhs.lacounty.gov/wps/portal/dhs/mhla OR Call: 1-844-744-6452

- **Westside Family Health Center**
  - Where: 3861 Sepulveda Blvd. Culver City, CA
  - Call (310) 450-2191 or email: lobby@wfhcenter.org

- **Alafia Mental Health Institute**
  - Therapy, medication support, and case management for youth up to 24 years old
  - All services being done over the phone right now.
  - Call (323) 293-8771 Monday-Friday 8:30pm to 5:00pm

- **Didi Hirsch Mental Health**
  - Outpatient mental health services conducted over the phone
  - Call (888) 807-7250 for an intake (Mon-Fri 8:30am-5pm)
  - Go to: didihirsch.org/services/mental-health

- **Jewish Family Services Los Angeles**
  - Mental Health Services Program provides psychotherapy, medication, and case management for adults 18 years and over.
  - Call (818) 432-5025
  - Counseling program supports adults, children, and families
  - Call Access Line: (877)275-4537 or go to ifsla.org

- **LA FREE COVID-19 Testing**
  - Go to: lacovidprod.service-now.com/rrs
FINANCIAL SUPPORT

- **Emergency Fund Scholarship - West**
  - $250 emergency scholarship

- **CARES Act: Higher Education Emergency Relief**
  - [www2.ed.gov/about/offices/list/ope/caresact](http://www2.ed.gov/about/offices/list/ope/caresact)
  - Disbursement to students through Financial Aid

- **Economic Impact Payments**
  - Payments of up to $1200 per adult and $500 per child

- **California Unemployment Insurance, Pandemic Unemployment Assistance, Disability Insurance, and Family Leave**
  - Been laid off due to COVID-19? Can’t work due to exposure to COVID-19? Caring for an ill or quarantined family member?
  - Go to: [edd.ca.gov](https://edd.ca.gov) OR Call: 1-866-333-4606

- **LA County DPSS – General Relief**
  - Financial assistance to those who are ineligible for federal or state programs
  - Go to: [dpss.lacounty.gov](http://dpss.lacounty.gov) OR Call DPSS at (866)613-3777

- **California Disaster Relief Fund**
  - Supporting undocumented Californians impacted by COVID-19 who are ineligible for unemployment insurance and disaster relief.
    - [chirla.org/soycalifornia](http://chirla.org/soycalifornia)
    - [www.carecen-la.org/drai](http://www.carecen-la.org/drai)

- **One Fair Wage Emergency Fund**
  - For service workers
  - Go to: [ofwemergencyfund.org/help](http://ofwemergencyfund.org/help)

- **California Restaurant Association Foundation**
  - For food service workers
  - Go to: [restaurantscare.org](http://restaurantscare.org)

EMPLOYMENT RESOURCES

- **College Central (WLAC)**
  - Go to: [collegecentral.com/wlac/](http://collegecentral.com/wlac/)

- **Shipt**
  - Shop and deliver items to Shipt members
  - Go to: [shipt.com/be-a-shopper/](http://shipt.com/be-a-shopper/)

- **LA Job Portal**
  - Links and resources to current job openings in L.A. for Food Supply, Retail, Delivery, Healthcare, Government Agencies, Virtual Freelancers & Assistants, etc.
  - Go to: [lajobsportal.org/#find-jobs](http://lajobsportal.org/#find-jobs)
TECH/ONLINE ACADEMICS RESOURCES

- **Emergency Laptop Scholarship - West**
  - Providing a chromebook laptop to WLAC students in need

- **Human IT Low Cost Internet**
  - Assistance in finding low cost internet and may qualify for Chromebook
  - Go to: [human-i-i.org/request-internet](http://human-i-i.org/request-internet) OR Call 888-268-3921 OR Text 562-372-6925

- **Comcast’s Internet Essentials Program**
  - Free internet for first 2 months for new qualifying low-income households
  - Go to: [internetessentials.com](http://internetessentials.com) OR Call: 1-855-846-8376

- **Charter Spectrum Internet Assist**
  - Free Access to K-12 & College Students for 60 days and offers Spectrum Internet Assist for eligible low-income households.
  - Go to: [spectrum.com/browse/content/spectrum-internet-assist](http://spectrum.com/browse/content/spectrum-internet-assist) OR Call: (844)488-8395

- **Everyone On**
  - Low cost internet services and computer locator in your area
  - Go to: [everyoneon.org/find-offers](http://everyoneon.org/find-offers)

- **NetTutor**
  - Free Online Tutoring for multiple subjects
  - Get access on Canvas or for more information go to the LRC: [wlac.edu/learning-center](http://wlac.edu/learning-center)

- **BrainFuse**
  - School Assistance, Live Tutoring, Language Learning & Job Coaching
  - Need a LA County Library Card
  - [http://main.lacounty.ca.brainfuse.com/authenticate.asp](http://main.lacounty.ca.brainfuse.com/authenticate.asp)

CHILD CARE RESOURCES

- **Pathways LA**
  - Agency assists with the cost of childcare
  - Pathways offices closed to public. Can apply online or by phone
  - Go to: [pathwaysla.org](http://pathwaysla.org) OR Call: (323)299-8998

- **Connections for Children**
  - Provides childcare assistance and referrals by zip code
  - Go to: [connectionsforchildren.org](http://connectionsforchildren.org)
    - Call: (310) 452-3325

- **Crystal Stairs Inc.**
  - Provides childcare assistance and referrals by zip code
  - Go to: [crystastairs.org](http://crystastairs.org)
    - Call: (323) 299-8998