

---

# Psych 4756

## General Psychology 1 (3 Units)

---

### Overview

This is an introductory course in psychology as the scientific study of behavior and mental processes. Topics treated include roots and theories of psychology, biology of mind, sensation and perception, consciousness, motivation and emotions, learning, memory, thinking & language & intelligence, developing through the life span, gender and sexuality, stress & health & coping, psychological disorders, social psychology, and therapies throughout

### Student Learning Outcomes

Think critically about historical theories in psychology and tie them to current research methodology and research outcomes. Refer to Psychology SLO's online → <http://www.wlac.edu/committees/slos/Course-SLOs.aspx>

### 5 Course Requirements

Read Textbook: read assigned content and online Resources in Etudes, **before** class, to be able to participate in class discussions. There are copies of Myers' textbook in the library (Heldman Learning Resource Center <https://www.wlac.edu/library/index.html>)

Attendance: Every student is expected to attend every class, and be punctual. Please note, that during Census Count weeks (first two weeks of the semester) student's who get to class after attendance has been taken are considered absent and may be dropped; as the first two weeks determine the official roster for the class. If a student has more than three absences, she/he may be dropped from the class (this class is 3 units). After Census week, it is not necessary to contact the instructor if absent. **Note: Check Etudes site (Resources Tab) regularly to get all information that is not in textbook(s) (i.e. Videos, Auxiliary Assignments, etc.) utilized for each chapter taught in class; keep abreast of the Course Outline (which is subject to change), as well.**

Quizzes: There will be an Online Quiz at the completion of each lecture (totaling 14 quizzes). Each quiz has 25 questions adding up to 25 points towards students overall grade; the quizzes are timed, at half an hour, with a seven day window to complete. The first Quiz will open on February 18, 2015 at 10:01 pm and will close at 6:00 pm February 25, 2015. Any **quiz not taken, 25 points will be deducted** from your overall grade. **Note: Increase GPA with EX-Assignment(s) (ie. click onto Resources tab at bottom of that section)**

---

### Information for Spring 2015

Wednesday Evening's 6:45-10:00pm

Instructor: Lisa Cain, MA, CHC, AADP  
E-Mail: [cainlc@wlab.edu](mailto:cainlc@wlab.edu)

Cell Phone: (310) 743-9268 (7am-10pm)  
Office Phone: (310) 743-9268  
Office: General Classroom Bldg. / GC 330  
Office Hours: 6:00pm -6:40pm Wednesday's

---

### Materials

**Psychology in Everyday Life (2014)**  
**3<sup>rd</sup> edition**  
**Myers, David / DeWall, C. Nathan**  
**ISBN # 9781464109362**

---

### Learning Modalities

The Learning process is facilitated via in-class lecture, films/videos on/offline, research data, community lectures and in-class participation exercises

**Note: Taping lectures is encouraged**

---

### Important Dates

**Last Day to Drop February 20 /No W**  
**Last Day to Drop February 20 / w refund**  
**Last Day to Add February 20**  
**Spring Break April 4-10**  
**Last Day to Drop May 8 w/ 'W'**

---

### Academic Dishonest Policy

College study is the process of learning to be an **independent** scholar. All students are expected to do their own work. All forms of cheating and plagiarism are absolutely forbidden. This is the official policy of this class. Students found cheating will have their assignments marked zero for failure and may receive a failing grade for this course. Examples of cheating include, but are not limited to, the following: Using unauthorized materials on exams. Copying other student exams, submitting any assigned work that is not the student's own copying other written materials without proper credit to the original author, downloading from computer networks without citation. **All** incidents of cheating will be reported to the Vice President of Student Services.

## Course Requirements (cont.)

### Research Project

Every student must complete an APA style format Research Project. The Research Project: Title Page, Abstract, and Reference page; each page is typed, double-spacing (2.0), pages with 1" margins (top/bottom/sides), in Courier font style, and 12 point font size. You will **need** one **approved** reference (from a Psychological periodical or journal **ONLY**); no other resource is acceptable for the Research Project. Choose any *topic* (can use Topic List in Etudes) by March 4, 2015 (refer to General Information folder in Etudes). Finished Research Project is due April 1, 2015. **NO EXCEPTIONS!** The project is worth up to 100 points, **100 points will be deducted from overall grade, if not submitted.** (49 days before Project's due date).

### Final Comprehensive Examination

There is a final exam given on June 3<sup>rd</sup> 7:00 pm-9:00 pm; a Scantron (882-E) sheet is needed and a #2 pencil (preferably with eraser). This assessment will be comprehensively testing the entire course's content and will be worth up to a maximum of 100 points towards the overall grade.

---

## EX-Assignment Extra Credit (Not Required)

These are classroom and research assignments that will be given throughout the course that will afford each student the opportunity to add points towards their overall grade. Credit is earned for an EX-Assignment by submitting one (**full** page) [refer to attached page #3] to a 2 page (**maximum**) Essay **describing /critiquing; not opinion or creative writing** assigned lecture/video that is given (TBA). The assignment must show a **correlation to psychological** phenomena/content that has been discussed either in class lectures and/or the class textbook that is empirical. These EX-Assignment points **ONLY** add, not detract, from your grade as they are ALWAYS done voluntarily. **Note: There may be a delay getting Ex-assignment(s) returned.**

## Grading Point System

Quizzes: 25 points each X 14 = 350 points

Research Project: 100 points (Rubric given March 5th)

Final Examination: 1 point/correct answer = 100 points

Total Points = 550

Final Grade Points

A 550-495 points  
B 494-440 points  
C 439-385 points  
D 384-330 points  
F Below 330 point

---

## Disability Support Services DSPS Accommodation Statement

If there are special accommodations that you require to be successful in this course, please request assistance from your instructor. Students with disabilities who need any assistance or accommodations **must register** with the Office of Disabled Student Program and services. The DSPS office is available to assist with accommodating a disabled student. If needing sign language contact Michelle Hernandez ([interpret@wlac.edu](mailto:interpret@wlac.edu)) Student Services Building, 3<sup>rd</sup> Floor, room 320. **Telephone** (310) 287-4450.

**Contact Persons:** Dr. Shalamon Duke, Dean/  
Fran Israel, Instructor/ Nancy Brambilla,  
Counselor / Betty Harrison, Office Assistant,

## FYI Scenario... Please Read

If you do not hand in the required assessments (Quizzes, Research Paper and Final) these **points will be deducted** from your overall grade, as they are all requirements. For example, by the end of the semester you've earned an 'A'. Your total points equals 502; however, you do not take the Final Exam, 100 points will be deducted. Leaving you 402 points an earning a 'C'. You also did not turn in a Research Paper on April 1, 2015. So an additional 100 points were deducted, leaving you 302 points. And, you did not make up the point differential with EX-Assignments. You would have earned a 'F' for the final grade, thinking that you had earned an 'A'.

## Important to Remember

- **PLEASE DO NOT ANSWER CELL PHONES IN CLASS** Keep on vibrate or turned off at all times during class. Please be considerate of others
- Bring a 9x12 or 10x13 self-addressed stamped envelope (w/\$1.50 postage) to have work mailed to you, at the **end** of the semester (ie. EX-Assignments, etc.)
- Take care of **CSEP** aka Comprehensive Student Education Plan. Visit SSB 3<sup>RD</sup> floor or call (310) 287-7242 say "I want to develop my CSEP"(refer to p.20 online Spring 2015 catalog)