

WEST LOS ANGELES COLLEGE
Kinesiology 503 Spring 2015
Section 2350

Instructor: Robert Grant

Office: PEC North 126

Phone: 1(310)287- 4536

Office Hours: 12 – 1pm

E-mail: grantr@walc.edu

Class Location: Baseball field

Class Day/Time: M-F 1pm-3:05pm

Course Description

This course is designed for the student athlete who is interested in competing in baseball at the intercollegiate level. The class emphasizes mastering individual fundamentals and performing complex offensive and defensive strategies.

Student Learning Outcomes for Physical Education 503

1. The student will be introduced to the procedures of game management.
2. The student should be able to learn the drills specific to an athletic event.
3. The student will learn of baseball strategies used by coaches.
4. The student will learn of skills to participate at a four-year college or university.

Attendance

You are required to attend every class session. My office number is on the syllabus in case you have to miss a class session.

Grade Evaluation

| | | |
|---------------------------|----------|---|
| Attendance: 295 points | 90%-100% | A |
| Participation: 295 points | 80%-89% | B |
| | 70%-79% | C |
| | 60%-69% | D |
| | 0-59% | F |

Standards

If you fail to attend class for two consecutive weeks, you can be dropped from this course.

You must arrive to class on time, dress appropriately, and complete a workout every class.

While in class, you will be required to workout and delay socializing with the other students until the end of class.

How to Succeed in this Class

Attend all class sessions, and complete the required workout. Listen carefully and follow all instructions. Seek help as needed. Challenge yourself (within reason) to improve.

Dropping the Course

According to college policy, you may be excluded for excessive absences or for not following the standards of student conduct (printed in the Schedule of Classes). If you drop the course, be sure to do so at the Admission's Office. If you drop this course on-line, print and keep your confirmation number.

Safety/Accidents

Use safety procedures at all times. Be aware of those working out near you. Ask for assistance and assist others. If an accident should occur, please inform the instructor immediately. Always replace equipment in its proper location. Do Not leave weights on the floor, benches, outside, etc.

Physical Education Student's FAQ

Q: How am I graded?

A: There are a total of 590 points for this course. You will receive five points for every class that you attend on time. You will receive five points for every class that you participate in.

Q: What is the required class attire?

A: You will be required to dress in full baseball attire.

Assessment Methods

Students will be assessed on their ability to execute a game strategy based on game situations.