

WEST LA COLLEGE

BALLET

DATQ 111 SECTION# 0778

Instructor: M. Funderburk Email/Phone: funderm@wla.edu 310.287.4436
Class Hours: SAT 9:35-11:40am Location: PECS Studio A
Office Hours: MW 3:30-5pm TuTh 2:30-3:30pm

COURSE DESCRIPTION:

This course offers an introduction to traditional ballet techniques and principles, emphasizing instruction in the fundamentals of positions, placement, terminology, and introductory level exercises.

RECOMMENDED TEXT:

Hammond, Sandra. Ballet Basics ISBN-13: 978-0072557145

COURSE REQUIREMENTS AND CLASS ETIQUETTE:

All students are expected to attend all scheduled class sessions. Students must wear the proper dance attire for this class. (Women- black leotard, black, pink or flesh color tights or black leggings, and ballet shoes, Men- black tights with dance belt or black bike shorts, white shirt and black ballet shoes.)

No hanging jewelry, arm bangles and necklaces are to be worn during class to prevent breakage, injury to you as well as classmates. No gum will be allowed in the studio. All phones must be turned on silent and checking the phones during class session is strictly prohibited. Emergencies must be discussed prior to class with the professor.

All students are required to attend the WLAC fall dance concert in December. Students will write a dance analysis on the concert.

COURSE OBJECTIVES:

Upon successful completion of this course, the student will be able to...

- Explain and demonstrate proper etiquette for ballet class and ballet concert attendance.
- Describe how this course applies to components of fitness and personal goals, differentiate between aerobic and anaerobic exercises assessing the value of both, utilize principles of warm-up, conditioning, placement, and flexibility.
- Apply movements learned in practice to increase range of motion, improve posture, and demonstrate correct hip rotation and alignment.

- Recall, demonstrate, and compare introductory level dance movements and terminology for barre, center floor, and traveling combinations. Evaluate and assess skill level and personal goals.
- Evaluate a ballet concert by comparing and analyzing movements learned and used in the classroom to movements used in the concert.

COURSE CONTENT:

- Etiquette and history of ballet, including the viewing of a ballet performance.
- Components of fitness, principles of warm-up, and anaerobic vs. aerobic activity as it relates to ballet training.
- Introduction to five foot and arm positions, alignment, weight placement, hip rotation, and French terminology.
- Instruction and practice: basic center floor exercises and choreography at the introductory level—jumps in 1st position, basic port de bras.
- Instruction and practice: basic locomotor patterns and choreography at the introductory level—walking to the beat of the music with proper ballet technique, chasse.
- Mid-term preparation and evaluation of barre work, center technique, port de bras, and jumps.
- Preparation for final exam based on fundamentals covered during the semester, including working with partners to assess skills.

STUDENT LEARNING OUTCOMES:

1. Recognize the five positions of the feet.
2. Recognize the difference between dynamic and static stretching.

COURSE REQUIREMENTS AND ASSIGNMENT GUIDELINES:

Concert Dance Critique

Students are required to attend the WLAC dance concert for a written analysis. The paper must be a two page typed and stapled analysis on the ballet performance. A guide will be given to all students for format and questions to address. The performance is December 3-5th.

Dance Practicum/ Vocabulary Exams

An exam will be given to all students assessing your understanding of the ballet vocabulary and proper fundamentals and execution of the movement.

Daily Participation and Technical Development

Students are expected to attend all class sessions and apply instructor's corrections for proper body alignment and movement execution. Your individual and growth progress will be assessed on a daily

basis. An overall average of your attendance / participation and improvement will be a part of your final grade.

GRADING:

Daily Technical Growth	75points
Midterm	30points
Critique	10points
Final	35points

135-150=A 120-134=B 105-119=C 90-104=D 89 and below=F

CLASS POLICIES:

Students are expected to attend each class session. Poor attendance, Non-Participation, Improper Dress and Tardies will affect your daily growth/participation grade. Students will be allowed 3 absences. Students may be dropped from the course after 6 absences or disruptive behavior. Students who arrive after 15 minutes of class beginning will not be allowed to take class. For a make-up for non-participation, the student may take observation notes and turn in a typed copy analysis to the instructor by the next class session to be excused. For missed classes, a student may take another on campus dance/activity class with a signed make-up form from the instructor. (**only 3 make-ups are allowed**)

Consistent in and outs during the class session will not be acceptable and may result in dismissal from the class.

ACADEMIC INTEGRITY:

In accordance with code 9803.28, academic dishonesty is prohibited. Violations of academic integrity include, but are not limited to, the following actions: cheating on an exam, plagiarism, working together on an assignment, paper or project when the instructor has specifically stated students should not do so, submitting the same term paper to more than one instructor, or allowing another individual to assume one's identity for the purpose of enhancing one's grade. Academic dishonesty of any type, such as cheating or knowingly furnishing false information, by a student provides grounds for disciplinary action by the instructor or college. In written work, no material may be copied from another without proper quotation marks, footnotes, or appropriate documentation.

STUDENT CONDUCT:

According to code 9803.15, disruption of classes or college activities is prohibited and will not be tolerated. Refer to the catalog and the standards of Student Conduct in the Schedule of Classes for more information.

RECORDING DEVICES:

State law in California prohibits the use of any electronic listening or recording device in a classroom without prior consent of the instructor and college administration. Any student who needs to use electronic aids must secure the consent of the instructor. If the instructor agrees to the request, a notice of consent must be forwarded to the Vice President of Academic Affairs for approval (WLAC College Catalog)

CAMPUS RESOURCES:

Office of Disabled Student Programs and Services (DSP&S)

Student Services Building (SSB) 320/ 310.287.4450

West Los Angeles College recognizes and welcomes its responsibility to provide and equal educational opportunity to all disabled individuals. The office of Disabled Students Programs and Services has been established to provide support services for all verified disabled students pursuing a college education. DSP&S students may qualify for: priority registration, registration assistance, special parking permits, sign language interpreters and assistive technology (WLAC College Catalog).

INSTRUCTIONAL SUPPORT (TUTORING) AND LEARNING SKILLS CENTER:

Heldman Learning Resources Center (HLRC)/ 310.287.4486

Improve your reading, language, vocabulary, spelling, math fundamentals and chemistry knowledge with convenient, self-paced computer-aided courses in the Learning Skills Center. Increase your knowledge and learning success: sign up for tutoring in various college subjects (WLAC College Catalog).

LEARNING SERVICES:

Heldman Learning Resources Center (HLRC)/ 310.287.4269 & 310.287.4486

The WLAC Library provides instruction on how to use the online catalog, periodical and research databases. In addition to a large college of books, periodicals and videos the WLAC Library has course textbooks in which students may use while in the Library. Web access is available in LIRL as well as meeting rooms. The upper floors provide a beautiful view ideal for study (WLAC College Catalog)

