



Division: Science

Course name: Anatomy 1

Section: 0261 / **Semester:** Fall 2015

Instructor Name: Vered Mirmovitch

School Website: www.wlac.edu

Class Hours: Tuesday / Thursday
6:45 pm – 10:00 pm

Address: 9000 Overland Ave., Culver City, CA 90230
Location: MSA 212

Office Hours:

Instructor E-mail: MirmovV@wla.edu

T-TH 6:15 am – 6:45 pm

Location: MSA 212; MSB 229

T, TH 11 am-1 pm; M, 2:30-3:30 pm W 4-5 pm
or by appointment

HUMAN ANATOMY

Prerequisites: I *strongly* recommend College Biology with a grade of “B” or better **AND** English 101 with a grade of “B” or better.

Anatomy is a *very* rigorous course that requires considerable discipline, time and dedication. Students are expected to learn large amounts of material. A significant number of students find the course overwhelming and may drop or fail.

Course Description: This course presents the structure of the human body by subdividing it into individual body systems. The functional anatomy of each level of organization is then studied from the microscopic level of organization to the gross (macroscopic) level. In addition, the embryological development of each body system and selected pathologies will be examined

Laboratory exercises develop skills of observation, investigation, identification, discovery and dissection. Exercises include the examination of histological slides, photomicrographs, X-Rays, models, charts, videotapes, human skeletons, a complete dissection of a cat, and examination of human organs.

This course is intended to meet the requirements of students majoring in nursing, physician’s assistant, respiratory therapy, physical therapy, occupational therapy, dental hygiene, psychology, kinesiology, and life sciences, or for those who wish to extend their knowledge of the human body beyond the scope of introductory biology. Anatomy 1 is a prerequisite for Human Physiology.

Student Learning Objectives: A student who completes this class will be able to explain:

- (1) Human organ system gross anatomy
- (2) The microanatomy of body organ system
- (3) The embryological development of the human
- (4) Anatomical & clinical vocabulary and terminology
- (5) Human surface anatomy
- (6) Human pathology

Course Students Learning Outcomes

1. Identify the names and processes of the human skeleton using skulls and disarticulated bones.
2. Identify the names of major skeletal muscles in cat and models
3. Identify the names of organs in the body organ systems

Course Students Learning Outcomes

1. Identify the names & functions of the organ systems & organs of the human body.
2. Identify the names & functions of the microscopic structures and histology of the human body.
3. Identify anatomical & clinical terminology (including pathologies).

Required Texts & Materials:

E. Marieb; Human Anatomy Laboratory Manual with Cat Dissections; (7th ed.); Benjamin Cummings; 2014 [ISBN 0-321-88418-3] (any edition)

E. Marieb, J. Mallatt & P. Wilhelm; Human Anatomy (7th ed.); Benjamin Cummings; 2014 [ISBN 0-321-82241-3] (any edition)

Any edition of the lab manual and textbook will work

Check regularly the Dropbox site for lecture slideshows

You are expected to bring the Lab Manual to every class meeting. It is recommended to have the slide show printed, or on your computer so you can write comments

Box of colored pencils and/or pens that include blue, red, yellow, orange, green and black

Several #1 (or #2) soft lead pencils

A good eraser

About 9 Scan-Trons (#882) for computer scoring

Dissection Kit (including scissors, probe, forceps & scalpel)

Rubber surgical (or disposable-type) gloves

Optional Texts & Materials:

Laboratory apron or coat

S.A. Fink; Human Anatomy Lecture Outline; BioBooks Pub.; 2011

K. Moore & T. Persaud; Before We Are Born – Essentials of Embryology and Birth Defects (7th ed); W.B. Saunders; 2007 [ISBN 1416037055]

McMinn & Hutchings; Color Atlas of Human Anatomy; Mosby-Yearbook Publishers; 1993

Practice Quizzes & Exams & Videos:

<http://www.professorfink.com>

ADVICE BEFORE YOU TAKE ANATOMY:

<http://www.videojug.com/film/study-tips-for-anatomy-class>

Practice Quizzes & Answers:

http://highered.mcgraw-hill.com/sites/0072907932/student_view0/

http://highered.mcgraw-hill.com/sites/0072495855/student_view0/

<http://quizlet.com/subject/human-anatomy/>

http://wps.pearsoncustom.com/pcp_72901_pls_martini_ha_5/78/20112/5148803.cw/content/index.html

Lecture Examination Schedule (Tentative):

Lecture Examination 1.....	OCT 1 (THU)
Lab Examination 1.....	OCT 1 (THU)
Lecture Examination 2.....	OCT 20 (TUE)
Lab Examination 2.....	OCT 20 (TUE)
Lecture Examination 3.....	NOV 17 (TUE)
Lab Examination 3.....	NOV 17 (TUE)
FINAL EXAMINATION.....	DEC 17 (THU)
(Comprehensive)	

Computation of Course Grade:

5 highest Lecture & Lab.....	65% of Course Grade
Final Examination.....	35% of Course Grade

Assuming you take all 6 lecture & lab examinations, the lowest one will be dropped, and the 5 highest will count 65% towards your Course Grade. About 55% of the questions on the Final Exam will come from “older information” and 45% from the information presented after the 3rd Exam.

Lecture examinations will consist of objective-type questions (ie., True/False; Multiple Choice; & Matching questions) that will be answered on SCAN-TRON #882 forms.

Lab Exams will consist mostly of fill-in and short answer questions.

You will be expected to provide SCAN-TRON 882 forms (available at the bookstore) and a soft lead pencil (no. 1 or no. 2) and a good eraser for each examination. The Final Examination is comprehensive for the entire semester. **There are no make-up examinations.**

Short answers pop quizzes will be given often. Make sure you review the previous class and read ahead of the next class meeting. The extra credit points you accumulate on quizzes can elevate your grade in two ways: Studying regularly will help you retain class material and up to 40 points can be added to the lowest lecture exam.

Grading Policy:

90 - 100%	A
79 - 89%	B
63 - 78%	C
50 - 62%	D
below 50%	F

Attendance Policy:

Attendance is mandatory! Regular class attendance and performance of laboratory work will be considered in the determination of the student’s Course Grade. Roll will be taken. There is a strong correlation between poor attendance and poor grades. If you have an emergency Please inform the instructor via e-mail if you are going to be absent due to special circumstances. **You are responsible for information, exam announcements, date changes, etc. presented in class, whether or not you are present.** A student who misses more than two class meetings, might be excluded from the class by the instructor.

Students who are given add slips must complete the process by the 3rd class meeting (Sept. 8). No replacement add slips will be signed.

Withdrawal from Class:

You are responsible for your credit and enrollment status. Any student withdrawing from class must inform the admissions office of this decision. **Students failing to follow the correct procedure for withdrawals will receive a grade of "F" for the semester. No withdrawals are permitted after Friday, November 20.**

(see Schedule, page 1).

Laboratory Guidelines:

- 1. You are NOT permitted to remove any materials from the classroom at any time.**
- 2. At the end of lab-time, all materials must be returned to where they are kept, and the table-top cleared and cleaned-up.**
- 3. There is no eating in the classroom.**

Cheating/Academic Dishonesty:

Each student is expected to do his/her own work on all assignments, reports, examinations, etc. **CHEATING ON AN EXAM WILL RESULT IN AN "F" FOR THE COURSE.**

Here is a list of some actions that are considered cheating:

NO TALKING DURING THE EXAM.

KEEP YOUR EYES ON YOUR OWN EXAM.

USING NOTES OF ANY KIND (ON CARDS, STRIPS OF PAPER, DESK TOP, ETC.) DURING AN EXAM IS NOT PERMITTED.

Showing a fellow student your exam, or passing information in any way is not permitted.

Place your answer sheet(s) directly in front of you.

If you have a question, quietly walk up to the instructor and whisper your question.

Translation dictionaries are not permitted.

Changing the answers on a returned Exam & claiming it was scored wrongly.

All of these demonstrate a lack of Honesty & Integrity which is Essential in all Health Care Professions (& in fact, in all jobs, all relationships, & in all Areas of Life.)

IMPORTANT DATES: <i>Last day to:</i>	<i>College is closed on the following days</i>
Drop a class without a fee: Sep 11	Labor Day: Sep 7
Drop a class without a "W": Sep 11	Veteran's Day: Nov 11
Drop a class with a "W": Nov 20	Thanksgiving: Nov 26-29

	No Class on Yom Kippur 9/22/15

Recommendations for Succeeding in Class:

- 1. Expect to Work. This is not supposed to be easy.**
- 2. Get to class on time, every time, and stay the whole time.**
 - Never miss class unless you're dead, & take good notes.
- 3. Find someone in the class to contact if you miss a meeting.**
- 4. Be organized! Use a daily calendar to set times for regular studying for each of your classes.**
- 5. Study & Review each night the class is given.**
 - Learning is easier if you schedule time daily to read, to think & review.
 - Every time you study, spend at least 10 minutes reviewing previous lessons. (These "refresher shots" are the secret for long-term memory.)
 - Focus your studying on the class PowerPoint presentations and your class notes.
 - Read the relevant chapters in your textbook; hi-lite pertinent lines, & add these notes to your class notes (never read without writing).
 - Use the CD-ROM & Web-Sites.
 - Use associations to help you remember things.
 - Prepare note cards and carry them with you to review.
- 6. Increase your studying 1 week before a scheduled Exam!!**
- 7. Anything you turn-in (exams, lab reports) should look neat.**

Campus Resources

If you are having problems, come and talk with me and check out some of the campus resources available to you.

Office of Disabled Student Programs and Services (DSP&S)

Student Services Building (SSB) 320 | (310) 287-4450.

West Los Angeles College recognizes and welcomes its responsibility to provide an equal educational opportunity to all disabled individuals. The Office of Disabled Students Programs and Services (DSP&S) has been established to provide support services for all verified disabled students pursuing a college education. DSP&S students may qualify for: priority registration, registration assistance, special parking permits, sign language interpreters and assistive technology (WLAC College Catalog).

Instructional Support (Tutoring) & Learning Skills Center

Heldman Learning Resources Center (HLRC) | (310) 287-4486

Improve your reading, language, vocabulary, spelling, math fundamentals and chemistry knowledge with convenient, self-paced computer-aided courses in the Learning Skills Center. Increase your knowledge and learning success: sign up for tutoring in various college subjects (WLAC College Catalog).

Library Services - Heldman Learning Resources Center (HLRC) |

(310) 287-4269 & (310) 287-4486

The WLAC Library provides instruction on how to use the online catalog, periodical and research databases. In addition to a large collection of books, periodicals and videos the WLAC Library has course textbooks which students may use while in the Library. Web access is available in LIRL as well as meeting rooms. The upper floors provide a beautiful view ideal for study (WLAC College Catalog). For more information refer to attached link:

http://www.wlac.edu/academics/pdf/WLAC_12-14Catalog_Policies.pdf

TENTATIVE SCHEDULE OF TOPICS

(schedule subject to change)

Week	Day	Date	Lecture Topic	Text	Lab	Man.
1	T	SEP 1	Organization of the Human Body Terminology Cytology	c-1 c-2	Torso Model Use of Microscope Cell Demo	Ex-1 Ex-2 Ex-3 Ex-4
	TH	SEP 3	Cytology Skeletal System	c-2 c-6 c-7 c-8	Skeletal System skeletons; skulls; fetal skull & skeleton; disart. skull bones; long bone mitosis slides; mitosis models; cell models	Ex-7 Ex-8 Ex-9 Ex-5 c-4
2	T	SEP 8	Cytology Skeletal System	c-2 c-6 c-7 c-8	Skeletal System skeletons; skulls; fetal skull & skeleton; disart. skull bones; long bone mitosis slides; mitosis models; cell models	Ex-7 Ex-8 Ex-9 Ex-5 c-4
	TH	SEP 10	Embryology & Human Dev. <u>FRIDAY</u> <u>SEPTEMBER 11 –</u> <u>LAST DAY TO</u> <u>DROP WITHOUT A</u> <u>“W”</u>	c-3 c-25 (768-774)	Skeletal System skeletons; skulls; fetal skull & skeleton; disart. skull bones Exploded skull; 1/2 head	Ex-7 Ex-8 Ex-9

TENTATIVE SCHEDULE OF TOPICS

(schedule subject to change)

Week	Day	Date	Lecture Topic	Text	Lab	Man.
3	T	SEP 15	Embryology & Human Dev.	c-3 c-25 (768-774)	Skeletal System skeletons; skulls; fetal skull & skeleton; disart. skull bones Exploded skull; 1/2 head	Ex-7 Ex-8 Ex-9
	TH	SEP 17	Histology: Tissues	c-4	Skeletal System skeletons; v. col; vert; sternum; ribs; disart bones Histology Slides	Ex-7 Ex-8 Ex-9 Ex-5 Ex-6
4	T	SEP 22	<u>NO CLASS:</u> YOM KIPPUR			
	TH	SEP 24	Histology: Tissues	c-4	Skeletal System skeletons; v. col; vert; sternum; ribs; disart bones Histology Slides	Ex-7 Ex-8 Ex-9 Ex-5 Ex-6
5	T	SEP 29	Skeletal System		Skeletal System skeletons; skulls; fetal skull & skeleton; disart. skull bones Exploded skull; v. col; vert; sternum; ribs; disart bones Histology Slides	Ex-7 Ex-8 Ex-9 Ex-5 Ex-6

TENTATIVE SCHEDULE OF TOPICS

(schedule subject to change)

Week	Day	Date	Lecture Topic	Text	Lab	Man.
	TH	OCT 1	<u>LECTURE EXAM 1</u>		<u>LAB EXAM 1</u>	
6	T	OCT 6	Integument Arthrology The Muscular System	c-5 c-9 c-10 c-11		Ex-6 Ex-10 Ex-12
	TH	OCT 8	The Muscular System	c-10 c-11	Cat Muscle Dissection; cat skeleton; muscle models muscle tissue Cadaver	Ex-10 Ex-11 Ex-12 dissec begins p. 215
7	T	OCT 13	The Muscular System	c-10 c-11	Cat Muscle Dissection; cat skeleton; muscle models muscle tissue Cadaver	Ex-11 Ex-12 dissec begins p. 215
	TH	OCT 15	Myology	c-10 c-11	Cat Muscle Dissection; cat skeleton; muscle models muscle tissue Joint models	Ex-11 Ex-12 dissec begins p. 215 Ex-10
8	T	OCT 20	<u>LECTURE EXAM 2</u>		<u>LAB EXAM 2</u>	

TENTATIVE SCHEDULE OF TOPICS

(schedule subject to change)

Week	Day	Date	Lecture Topic	Text	Lab	Man.
	TH	OCT 22	Digestive System	c-23	torso, 1/2 head teeth, tongue & GI model	p. 476 Ex-27
9	T	OCT 27	Digestive System	c-23	torso, 1/2 head teeth, tongue & GI model	p. 476 Ex-27
	TH	OCT 29	Circulatory System	c-19 c-20	heart models cat dissection	Ex-24 p. 419 & 420
10	T	NOV 3	Circulatory System Hematology	c-19 c-20 c-18	heart models cat dissection blood smears	Ex-24 p. 419 & 420
	TH	NOV 5	Circulatory System	c-19 c-20	heart models cat dissection	Ex-24 p. 419 & 420 Ex-22
11	T	NOV 10	Urinary System	c-24	Kidney model; Nephron model	Ex-28 p. 494 & 495
	TH	NOV 12	Respiratory System	c-22	torso, 1/2 head & Larynx model	Ex-26
12	T	NOV 17	<u>LECTURE EXAM 3</u> <u>[LAST DAY TO DROP: FRIDAY - NOV 20</u>		<u>LAB EXAM 3</u>	

TENTATIVE SCHEDULE OF TOPICS

(schedule subject to change)

Week	Day	Date	Lecture Topic	Text	Lab	Man.
	TH	NOV 19	The Lymphatic System	c-21	Lymphatic System model	Ex-25
13	T	NOV 24	Endocrine System	c-17		Ex-21
	TH	NOV 26	<u>NO CLASS:</u> HAPPY THANKSGIVING			
14	T	DEC 1	Nervous System	c-12 c-13 c-14 c-15	spinal cord; spinal nerve; vertebral column	Ex-13 Ex-14 Ex-15 Ex-16
	TH	DEC 3	Nervous System	c-12 c-13 c-14 c-15	spinal cord; spinal nerve; vertebral column	Ex-13 Ex-14 Ex-15 Ex-16
15	T	DEC 8	Nervous System Reproductive System	c-12 c-13 c-14 c-15 c-16 c-25	Vertebral Column with Spinal Nerves Brain Models Reproduction Models	Ex-13 Ex-14 Ex-15 Ex-16 Ex-29
	TH	DEC 10	Reproductive System	c-25	repro & torso models	Ex-29
16	T	DEC 15	Review			
	TH	DEC 17	<u>FINAL EXAM</u>			