

SPRING SEMESTER 2022

ASO & BASIC NEEDS

UPCOMING EVENTS




THE MENSTRUAL HYGIENE PROJECT

JOIN THE BASIC NEEDS & ASSOCIATED STUDENT ORGANIZATION

IN GIVING MENSTRUAL HYGIENE PRODUCTS ON

THURSDAY | APRIL 21, 2022
TIME: 12:00PM - 3:00PM
LOCATION: 2ND LEVEL OF WLAC PARKING STRUCTURE

WHILE SUPPLIES LAST
WE HOPE TO SEE YOU THERE!




HAPPY PRIDE MONTH

Celebrate Pride Month with
ASO, BASIC NEEDS & THE DREAM RESOURCE CENTER

PRIDE SHIRTS AND PRONOUN PINS WILL BE GIVEN OUT

SIZES ARE LIMITED, WHILE SUPPLIES LAST

THURS, APRIL 28TH
LOCATION: 2ND LEVEL OF WLAC PARKING STRUCTURE



DJ Sizzle Fantastic
Special Guest

WE HOPE YOU COME AND SPIN SOME MUSIC WITH US

TIME: 11:00AM - 3:00PM






Taking Care with Leah Gallegos of People's Yoga

A 60-minute movement practice focused on strengthening the mind, body, and corazón.



April 26th @ 12:00 - 1:00 pm
 zoom meeting registration:
<https://tinyurl.com/WestMentalHealthPeoplesYoga>





We will begin with an arrival practice to ground ourselves in the present moment, and then warm up with a series of strengthening poses and deep stretches.

Leah will close the session by sharing her journey as a Chicana, mom, entrepreneur, musician, and how she stays rooted in community and motivated to keep pushing forward






MEALS FOR FINALS

WE'RE ALMOST THERE
 BASIC NEEDS & THE ASSOCIATED STUDENT ORGANIZATION WILL BE PROVIDING SEVEN PREMADE MEALS FOR THE FIRST 200 STUDENTS



LIMITED VEGETARIAN MEALS AVAILABLE
THURSDAY | MAY 26TH
12:00 PM - 3:00PM
2ND LEVEL OF PARKING STRUCTURE AT WLAC



Scan to Apply for the 2022-2023 ASO TEAM

IG: @WLAC_ASO

