



BASIC NEEDS RESOURCE GUIDE

**Resources for Food, Housing,
Financial Assistance, and more.**

For more information go to
wlac.edu/basic-needs



FOOD RESOURCES

- **St. Augustine's SAVES Food Pantry**
 - Where: 3850 Jasmin Ave. Culver City, CA 90232
 - When: Mon/Wed/Fri 9am-11:30am
 - Call: (310) 838-2702

- **St. Gerard Social Services (Food Pantry)**
 - Where: 4439 Inglewood Blvd. Los Angeles, CA 90066
 - When: Tue/Thur 9am-12pm & 1pm-3pm
 - Call: (310) 390-5034

- **SOVA West**
 - Where: 8846 W. Pico Blvd. Los Angeles, CA 90035
 - When: Mon-Thur 10am-1:30pm, Sun 9am-12pm
 - Call: (818) 988-7682 or (310)288-0286

- **Food Pantry LAX**
 - Where: 355 E. Beach Ave. Inglewood, CA 90302
 - When: Tue/Fri 10am-12pm
 - Call: (310) 677-5597

- **Safe Place for Youth (Food for youth: Ages 16-25)**
 - Where: 2469 Lincoln Blvd. Los Angeles, CA 90291
 - When: Tue/Wed/Thurs 11am-1pm
 - Call: (310) 902-2283

- **St. Josephs Center (Food distribution)**
 - Where: 204 Hampton Dr. Venice, CA 90291
 - When: Mon 10am-12pm, Tue/Thurs 12pm-3pm
 - Call: (310) 396-6468 Ext.313

- **Crenshaw United Methodist Church**
 - Where: 3740 Don Felipe Dr. Los Angeles, CA 90008
 - When: Every 3rd Saturday
 - Call: (323) 292-0141

- **The Bible Tabernacle (Food box/basket giveaway)**
 - Where: 1761 Washington Way Venice, CA 90291
 - When: Mon/Wed/Fri 9:30am until supply lasts
 - Call: (310) 821-6116

- **Venice Family Clinics (1 bag of Fruits & Veggies)**
 - Where: 2509 Pico Blvd. Santa Monica, CA 90405
 - When: 2nd and 4th Wednesday of the month
 - Call: (310)644-7525



- **CalFRESH**
 - Nutrition Assistance Program that can help people in low-income households purchase food and groceries.
 - students.getcalfresh.org/s/cc
OR dpss.lacounty.gov
OR Call: (866)613-3777

- **Pandemic EBT**
 - Food benefits for families with children who are eligible for free or reduced meals, while schools are closed.
 - cdss.ca.gov/home/pandemic-ebt
Call: California EBT Customer Service Center (877)328-9677

- **LAUSD Grab & Go**
 - Families with K-12 students can take 2 meals daily from various distributing locations
 - Call: (213) 241-1000 or go to: achieve.lausd.net/resources

- **Food Insecurity Scholarship - West**
 - \$50 Grocery Gift Card
 - https://foundation4lacolleges.scholarships.ngwebsolutions.com/CMXAdmin/Cmx_Content.aspx?cpld=1075

HOUSING RESOURCES

- **LAHSA Winter Shelter** (Must be 18+. No families)
 - Go to lahsa.org/winter-shelter
 - Call: 1-800-548-6047 (24/7)
- **LAHSA Safe Parking** (Various locations)
 - MUST apply at: safeparkingla.org/safe-parking-application
 - Call: (323) 210-3375
- **S.P.Y (Safe Place for Youth)**
 - Access Center, Case Management, Housing Services for youth ages 18-24 years old. Some housing options for adults over 24 years old.
 - Go to safeplaceforyouth.org OR Call (310)902-2283
 - **Homeless Campus Peer Navigator** available through Cranium Café.
 - Go to: wlaac.edu/Basic-Needs/Online.aspx
- **Upward Bound House**
 - Housing services for individuals and families in Culver City
 - Call (310) 458-7779 or email: info@upwardboundhouse.org
- **The People Concern / OPCC**
 - Providing showers, laundry service, meals, and mail.
 - Access Center: 503 Olympic Blvd. Santa Monica, CA 90401
 - Call: (310)450-4050 or email: customerservice@thepeopleconcern.org
- **HOPICS: Homeless Outreach Program Integrated Care System**
 - 5715 S. Broadway, Los Angeles, CA 90037
 - M/W/F 8am-5pm, T/Th 8am-9pm, S 8am-4:30pm
 - Call: (323)948-0444
 - 5849 Croker St. Los Angeles, CA 90003
 - M-F 8am-4:30pm
 - Call: (323)432-4399
- **LA Housing + Community Development**
 - Under Governor's Executive Order, through May 31, 2020: evictions related to non-payment of rent for COVID-19 hardships have been halted.
 - Go to: hcidla.lacity.org/File-a-Complaint OR call HCIDLA Hotline: 1-866-557-7368
 - For Culver City Housing Division, Call: (310)253-5790 OR Email: rent.control@culvercity.org
- **The Shower of Hope**
 - Various locations offering showers, hygiene items, clothing.
 - Go to theshowerofhope.org to find a location near you
- **Hygiene Service Locations** (Handwashing, Showers, Restrooms in LA County)
 - Go to: <https://www.lahsa.org/documents?id=4340-hygiene-services-locations.pdf>



HEALTH & WELLNESS

- **WLAC Student & Wellness Center (Mosaic Family Clinic)**
 - Virtual services provided over the phone or video to WLAC students: health consultations, prescription refills, and sessions with psychotherapist.
 - Call: (323)226-9042 OR Email: info@mosaicfamily.com
- **L.A. County Dept. of Mental Health**
 - Access Line: 800-854-7771 OR go to: dmh.lacounty.gov
- **24/7 Suicide Prevention Hotline: 800-273-8255 (TALK)**
- **Medi-Cal**
 - Public Health insurance program for low-income individuals
 - Go to: medi-cal.ca.gov OR Call: 1-800-541-5555
- **My Health LA**
 - Health care program for those living in LA who don't qualify for Medi-Cal.
 - Based on low-income. Undocumented population may qualify.
 - Go to: dhs.lacounty.gov/wps/portal/dhs/mhla OR Call: 1-844-744-6452
- **Westside Family Health Center**
 - Where: 3861 Sepulveda Blvd. Culver City, CA
 - Call (310) 450-2191 or email: lobby@wfcenter.org
- **Alafia Mental Health Institute**
 - Therapy, medication support, and case management for youth up to 24 years old
 - All services being done over the phone right now.
 - Call (323) 293-8771 Monday-Friday 8:30pm to 5:00pm
- **Didi Hirsch Mental Health**
 - Outpatient mental health services conducted over the phone
 - Call (888) 807-7250 for an intake (Mon-Fri 8:30am-5pm)
 - Go to: didihirsch.org/services/mental-health
- **Jewish Family Services Los Angeles**
 - Mental Health Services Program provides psychotherapy, medication, and case management for adults 18 years and over.
 - Call (818) 432-5025
 - Counseling program supports adults, children, and families
 - Call Access Line: (877)275-4537 or go to jfsla.org
- **LA FREE COVID-19 Testing**
 - Go to: lacovidprod.service-now.com/rrs



FINANCIAL SUPPORT



- **Emergency Fund Scholarship - West**
 - \$250 emergency scholarship
 - https://foundation4lacolleges.scholarships.ngwebsolutions.com/CMXAdmin/Cmx_Content.aspx?cpld=1075

- **CARES Act: Higher Education Emergency Relief**
 - www2.ed.gov/about/offices/list/ope/caresact
 - Disbursement to students through Financial Aid

- **Economic Impact Payments**
 - Payments of up to \$1200 per adult and \$500 per child
 - Go to: irs.gov/coronavirus-tax-relief-and-economic-impact-payments

- **California Unemployment Insurance, Pandemic Unemployment Assistance, Disability Insurance, and Family Leave**
 - Been laid off due to COVID-19? Can't work due to exposure to COVID-19? Caring for an ill or quarantined family member?
 - Go to: edd.ca.gov OR Call: 1-866-333-4606

- **LA County DPSS – General Relief**
 - Financial assistance to those who are ineligible for federal or state programs
 - Go to: dpss.lacounty.gov OR Call DPSS at (866)613-3777

- **California Disaster Relief Fund**
 - Supporting undocumented Californians impacted by COVID-19 who are ineligible for unemployment insurance and disaster relief.
 - chirla.org/soycalifornia
 - www.carecen-la.org/drai

- **One Fair Wage Emergency Fund**
 - For service workers
 - Go to: ofwemergencyfund.org/help

- **California Restaurant Association Foundation**
 - For food service workers
 - Go to: restaurantscare.org

EMPLOYMENT RESOURCES

- **College Central (WLAC)**
 - Go to: collegecentral.com/wlac/

- **LA Job Portal**
 - Links and resources to current job openings in L.A. for Food Supply, Retail, Delivery, Healthcare, Government Agencies, Virtual Freelancers & Assistants, etc.
 - Go to: lajobsportal.org/#find-jobs

- **Shipt**
 - Shop and deliver items to Shipt members
 - Go to: shipt.com/be-a-shopper/

TECH/ONLINE ACADEMICS RESOURCES



- **Emergency Laptop Scholarship - West**
 - Providing a chromebook laptop to WLAC students in need
 - https://foundation4lcolleges.scholarships.ngwebsolutions.com/CMXAdmin/Cmx_Content.aspx?cpld=1075
- **Human IT Low Cost Internet**
 - Assistance in finding low cost internet and may qualify for Chromebook
 - Go to: human-i-i.org/request-internet OR Call 888-268-3921 OR Text 562-372-6925
- **Comcast's Internet Essentials Program**
 - Free internet for first 2 months for new qualifying low-income households
 - Go to: internetessentials.com OR Call: 1-855-846-8376
- **Charter Spectrum Internet Assist**
 - Free Access to K-12 & College Students for 60 days and offers Spectrum Internet Assist for eligible low-income households.
 - Go to: spectrum.com/browse/content/spectrum-internet-assist OR Call: (844)488-8395
- **Everyone On**
 - Low cost internet services and computer locator in your area
 - Go to: everyoneon.org/find-offers
- **NetTutor**
 - Free Online Tutoring for multiple subjects
 - Get access on Canvas or for more information go to the LRC: wla.edu/learning-center
- **BrainFuse**
 - School Assistance, Live Tutoring, Language Learning & Job Coaching
 - Need a LA County Library Card
 - <http://main.lacounty.ca.brainfuse.com/authenticate.asp>

CHILDCARE RESOURCES



- **Pathways LA**
 - Agency assists with the cost of childcare
 - Pathways offices closed to public. Can apply online or by phone
 - Go to: pathwaysla.org OR Call: (323)299-8998
- **Connections for Children**
 - Provides childcare assistance and referrals by zip code
 - Go to: connectionsforchildren.org
Call: (310) 452-3325
- **Crystal Stairs Inc.**
 - Provides childcare assistance and referrals by zip code
 - Go to: cryststairs.org
Call: (323) 299-8998